

2024

Preliminary Program

Join us for
**The
National
2024!**

the National



APMA ANNUAL SCIENTIFIC MEETING
WASHINGTON, DC | AUGUST 8–11, 2024

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apma 

*Images from previous meetings
by Lisa Helfert Photography,
except as noted. All information
in this program is current as of
March 15, 2024.*

General Information



REGISTRATION DESK SCHEDULE

Wednesday, August 7 • 2:00–6:00 p.m.

Thursday, August 8 • 6:30 a.m.–6:00 p.m.

Friday, August 9 • 6:30 a.m.–6:00 p.m.

Saturday, August 10 • 7:00 a.m.–2:30 p.m.

APMA'S HOST HOTELS

The National will be held at the Walter E. Washington Convention Center in Washington, DC. APMA's headquarters hotel is the Marriott Marquis, Washington, DC, and is connected to the convention center. APMA has obtained room blocks at two other nearby hotels: the Courtyard Washington Downtown Convention Center and Residence Inn Washington Downtown Convention Center.

Make your reservations at APMA's host hotels today! Visit www.apma.org/thenationalhotel for more information and direct booking links for each hotel. The deadline to book your room is July 16.

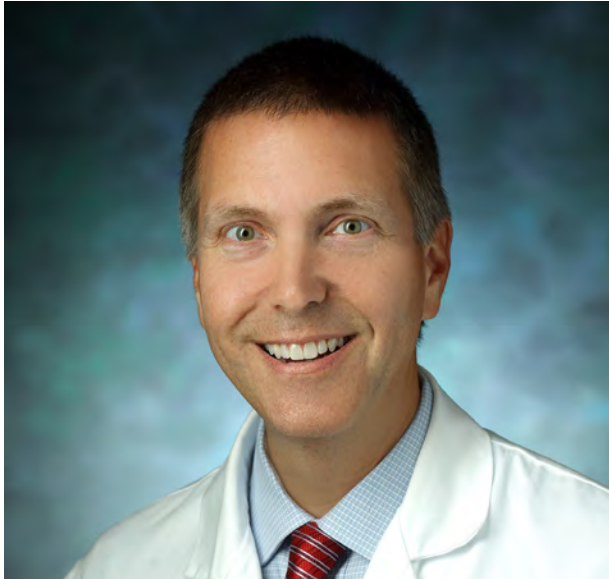
HOUSING ALERT:

You should only use the information provided by APMA for your hotel arrangements. Booking through any other source may result in significant personal inconvenience and financial loss.



Visit
APMA's
Booking
Site

Opening Address



JOHN S. STEINBERG, DPM

THURSDAY, AUGUST 8 • 3:00–4:00 p.m.

The National is excited to announce **John S. Steinberg, DPM**, as its opening session speaker. Dr. Steinberg is a professor and full-time faculty member of the department of Plastic and Reconstructive Surgery at Georgetown University School of Medicine in Washington, DC. He earned

his DPM from Barry University School of Podiatric Medicine in 1995; completed a three-year surgical residency at Inova Fairfax in Virginia and a one-year Diabetic Foot/Limb Salvage Fellowship at the University of Texas Health Science Center at San Antonio; and is a past president of the American College of Foot and Ankle Surgeons. He currently serves as co-director of the Center for Wound Healing at MedStar Georgetown University Hospital, program director for the MedStar Health PMSR/RRA, and a faculty member for the Georgetown Diabetic Limb Salvage Research Fellowship.

Dr. Steinberg has published more than 200 papers and recently published his first textbook, *Functional Limb Salvage: The Multidisciplinary Team Approach*. He has lectured extensively on diabetic limb salvage nationally and internationally, and is actively involved in clinical research and publication. Dr. Steinberg's address will cover his journey as a podiatrist, including his many roles in educating and leading his podiatric and allopathic colleagues.

Sponsored by Averitas Pharma.

CHANGES IN MEDICAL AND SURGICAL TRACKS FOR 2024

The National continues to evolve based on your feedback. This year, we are offering a single track in the morning highlighting our most popular topics, so attendees don't have to choose between two sessions they want to attend. We have also shortened some track times in the afternoon to help prevent fatigue from setting in. Additionally, we are increasing access to hands-on learning by bringing in top vendors to provide live, non-CECH demonstrations throughout the conference. Be sure to complete your attendee evaluation after the meeting so The National can continue to adapt to meet your needs.

“Fantastic new research.”

— Attendee, The National 2023

Preliminary Educational Program



EDUCATIONAL PROGRAM SCHEDULE

Beginning and ending times for each day's educational program appear below. The schedule for each day includes breaks, which are not identified here.

Thursday, August 8 • 7:30 a.m.–3:00 p.m.

Friday, August 9 • 7:00 a.m.–5:15 p.m.

Saturday, August 10 • 8:00 a.m.–6:00 p.m.

Sunday, August 11 • 7:00 a.m.–12:30 p.m.

THURSDAY, AUGUST 8

Breakfast Symposium: Peripheral Arterial Disease

Plenary Lecture: Improving Health Care Across Racial, Ethnic, and Cultural Boundaries

Opening Address

• **SPEAKER:** John S. Steinberg, DPM

GENERAL SESSION TRACK: APMA Clinical Education Affiliates Showcase (morning)

The Diabetic Foot–Pain–Depression Cycle: Why You Should Screen Your Patients for Depression; Twisting Ankle Injuries That Are Not Your Typical Inversion Ankle Sprain; Complications in Minimally Invasive Foot and Ankle Surgeries

Presented in conjunction with the American Academy of Podiatric Sports Medicine, American College of Podiatric Medicine, and American Society of Podiatric Surgeons

TRACK 1: Wound Care (afternoon)

Complex Wound Management; Advanced Wound Care Treatments and Technologies; Assessing and Addressing Wound Pain

• **TRACK LEADER:** Windy E. Cole, DPM

TRACK 2: Surgical Complications (afternoon)

The Educated Patient; Hurts Worse Than It Did Before Surgery; Perception is Reality: When Expectations Don't Match; My Worst Night on Call; I Cut Bait: More Surgery Can Always Make Things Worse; I Did All I Could and This is What We Got; Case Presentations and Discussion

• **TRACK LEADER:** Jacob Wynes, DPM, MS

► **PLUS!** Non-CECH Lunch Symposium[†]; Exhibit Hall Grand Opening and Reception (Non-CECH)

ASPMA Review Courses: Administrative, Clinical, and Radiology [§]

Assistants' Educational Program: Handling the Front Office with Ease; Proper Collection Procedures at the Time of Service; Professional and Ethical Standards; Sports Injuries and Treatments; Diabetes; Pathology; Dermatology

“Thank you for an informative experience.”

— Attendee, The National 2023

Preliminary Educational Program



FRIDAY, AUGUST 9

Breakfast Symposium: Painful Diabetic Peripheral Neuropathy

Plenary Lecture: Falls Prevention

DERMATOLOGY TRACK: Back to Basics (morning)

It's Not Tinea: Differentials You Need to Know in the Office; Following the Course of Your Dermatology Treatment: Is It Working and Should I Change?; Skin Biopsies and Plasties One Can Do in the Office; Differential Diagnoses of Skin Cancer

• **TRACK LEADER:** Tracey C. Vlahovic, DPM

TRACK 1: Sports Medicine and Biomechanics (early afternoon)

Practical Office-Based Running Gait Analysis; Athletic Shoe Update 2024; Extracorporeal Pulse Activation Technology (EPAT) in Sports Medicine; Panel Discussion: Pearls for Managing Expectations in the Athlete

• **TRACK LEADER:** Karen A. Langone, DPM (*on behalf of the American Association for Women Podiatrists*)

TRACK 2: Limb Preservation (early afternoon)

Surgical Offloading of the High-Risk Diabetic Lower Extremity: Reconstruction of Charcot Deformity for Wound Healing; Tendon Balancing for Pressure Reduction on the Plantar Foot; Interactive Case Debates in Limb Preservation

• **TRACK LEADER:** John S. Steinberg, DPM

TRACK 1: Clinical Imaging (mid-afternoon)

Objectifying Radiographic Consolidation in Foot and Ankle Practice; Use of Advanced Imaging in Surgical Decision Making for Charcot Neuroarthropathy; Use of Advanced Imaging in Surgical Decision Making and Postoperative Outcome Assessment of Rearfoot/Ankle Trauma; Above-the-Ankle Radiographic Assessment for Below-the-Ankle Surgical Reconstruction; ABCs of Ultrasound Clinical Anatomy in the Office; Panel Discussion

• **TRACK LEADER:** Andrew J. Meyr, DPM

TRACK 2: Forefoot Surgery (mid-afternoon)

Plantar Plate Repair; Hallux Valgus Repair in the Presence of Metatarsus Adductus; First MPJ Implant Versus Fusion; Rheumatoid Forefoot; Tailor's Bunion Surgery; Hallux Varus Repair

• **TRACK LEADER:** Michael Cornelison, DPM

Special Session: Human Trafficking (early afternoon)

► **PLUS!** Non-CECH Lunch Symposia[†]; Innovation Cafés (Non-CECH)[†]; Non-CECH Practice Management Lunch and Learn: Leveraging AI to Market and Manage Your Practice (*presented in conjunction with the American Academy of Podiatric Practice Management*); Young Physicians' Happy Hour (Non-CECH)

ASPMA Certification Examinations: Administrative, Clinical, and Radiology

Assistants' Educational Program: Preventing Falls Before Fall: An Interactive Session; Assisting Noncompliant Patients: Role of the Podiatric Medical Assistant; Human Trafficking; Wound Care Wet Lab; Annual HIPAA Compliance Training; Credentialing a New DPM

Preliminary Educational Program



SATURDAY, AUGUST 10

Breakfast Symposium: Kids in Sports: Keeping Them in the Game

Poster Abstracts Symposium

Seventh Podiatry School Student Quiz Bowl

SURGICAL BLITZ TRACK (morning)

Pediatric Trauma; Effects of Frontal Plane Rotation and Transverse Plane Instability with Hallux Valgus Repair; One-Stab Injection for Partial Nail Avulsion; Tarsal Tunnel Surgical Pearls; The Cole Procedure; Open Reduction and Internal Fixation Calcaneal Fracture—Dual Distraction Technique; Deltoid Ligament Repair Pearls

• **TRACK LEADERS:** Megan Saltzman, DPM, and Larissa Schmidt, DPM

Special Session: Oral Abstract Presentations (morning)

Expert Panel: How Would I Approach This? (afternoon)

Students' and Residents' Program (Non-CECH) (morning)

Student Loan Repayment: Do You Have a Plan?; What You Need to Know About Physician Disability Insurance; "Side Gigs" as a Young Physician: Navigating Risk While Increasing Income

Presented by the APMA Young Physician Leadership Panel

► **PLUS!** Non-CECH Lunch Symposia[†]; Innovation Cafés (Non-CECH)[†]; Non-CECH Young Physicians' Lunch and Learn: Treating the Rocker-Bottom Foot: A Case of Charcot Neuroarthropathy; 2024 Opioid Update: A Review of JAPMA's Three Opioid Issues; Can Our Feet Tell About Our Well-Being?; Use of MIS Techniques in Surgical Offloading of Neuropathic Foot Ulcers; Team APMA 5K Run/Walk (Non-CECH) **\$**

Assistants' Educational Program: Coding Update; Prior Authorization: The Good, Bad, and the Ugly; Office Managers' and Administrative Staff Coffee Talk

SUNDAY, AUGUST 11

Breakfast Symposium: AI and Ethical Implications for Podiatrists

Harry B. Goldsmith, DPM, Memorial Coding Seminar: Coding and Policy Changes Over the Last Year; Evaluation and Management Coding Live Audit!; How Do I Know If I Am Unbundling?; MIPS Revenge!



Invited Faculty



Hummira Abawi, DPM
Rachel H. Albright, DPM, MPH*
David B. Alper, DPM
Cheryl A. Bailey, PMAC, PRAC,
PAAC
Javan S. Bass, DPM
Michele Bradice, PMAC, PRAC,
PAAC, CPCO
Brandon M. Brooks, DPM, MPH*
Malachi I. Brown
Tara Brown, PMAC, PRAC, PAAC
Christina Bui, DPM*
Patrick R. Burns, DPM
Michelle Butterworth, DPM
Alicia A. Canzanese, DPM, ATC
Zanib Cheema, DPM, MS*
Luke D. Cicchinelli, DPM
Windy E. Cole, DPM
Emily A. Cook, DPM, MPH, CPH
Michael Cornelison, DPM
Patrick A. DeHeer, DPM
Jacqueline K. Donovan, DPM
Korey S. DuBois, DPM*
Adam E. Fleischer, DPM, MPH

Robert Frimmel, DPM
Shahzad S. Ghori, DPM*
Daniel J. Hatch, DPM
Meg Hughey
Alton R. Johnson Jr., DPM*
Kwasi Kwaadu, DPM
Karen A. Langone, DPM
Jeffrey D. Lehrman, DPM
Eric J. Lullove, DPM
Sara Mateen, DPM*
Byron J. McKenna, DPM*
Andrew J. Meyr, DPM
Timothy J. Miller, DPM*
Colin M. Mizuo, DPM*
Joshua Moore, DPM
Ellianne M. Nasser, DPM
Priya Parthasarathy, DPM
Andrew J. Rader, DPM
Camellia Russell
Somnath Saha, MD, MPH
Megan S. Saltzman, DPM
Vilayvanh Saysoukha, DPM
William P. Scherer, DPM, MS
Stephen Schleicher, MD

Larissa M. Schmidt, DPM
Andrew J. Schneider, DPM
Chia-Ding (JD) Shih, DPM,
MPH, MA*
John S. Steinberg, DPM
Jashan Valjee, DPM
Tracey C. Vlahovic, DPM
Phillip E. Ward, DPM
J. Kevin West, JD
Mitzi L. Williams, DPM
Jacob Wynes, DPM, MS

* Young Physician



CONTINUING EDUCATION APPROVAL STATEMENTS

PODIATRIC PHYSICIANS

APMA is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. APMA has approved this activity for a maximum of 25* continuing education contact hours (CECH).

* This number is based on attendance at all general session lectures, breakfast symposia, plenary lectures, and the APMA Poster Abstracts Symposium.

PODIATRIC MEDICAL ASSISTANTS

APMA is approved by the Commission on Accreditation of Podiatric Medical Assisting Certification as a sponsor of continuing education in podiatric medical assisting. Program participants may earn up to 25 CECH. Only 20 credits are required per year for certification renewal.

Exhibit Hall



EXHIBIT HALL A, CONCOURSE LEVEL WASHINGTON CONVENTION CENTER

HOURS

Thursday, August 8 • 4:00–6:00 p.m.,
Grand Opening/Reception

Friday, August 9 • 9:30 a.m.–2:00 p.m.

Saturday, August 10 • 9:30 a.m.–2:30 p.m.

The convention center's Concourse Level houses all exhibits in Hall A. This space is brimming with representatives from various sectors, including medical equipment and supplies, footwear, pharmaceuticals, practice management, marketing, publications, and more. Attendees are encouraged to explore the aisles and learn about the diverse range of products and services on display.

The APMA Booth (#411) and the APMA Career Center (#307) are also located in the exhibit hall. APMA staff members will be on hand and ready to assist you.

The hall serves as a central hub for browsing products, exchanging information, and networking with industry professionals. Regular visits are recommended to make the most of the experience. Industry support allows APMA to offer its high-quality continuing education program annually.

Lunch (excluding non-CECH lunches), refreshments, and scanning breaks are also available in the hall. The meeting schedule provides specific times for these breaks.

Note: Products displayed in the exhibit hall have not been investigated or approved by APMA regarding efficacy or regulatory compliance. Physicians should perform their own due diligence regarding any claims made about products displayed.



Photo credit: Will Scott

THE MOBILE LAB EXPERIENCE

Located in the exhibit hall, the lab is a mobile operating room with integrated lab stations that allow visitors to experience Stryker's line of products and partner technologies. The mobile lab is set up for a wide variety of surgical specialties, procedures, and situations. Visit the mobile lab to ramp up your surgical skills!

Special Events



INNOVATION CAFÉS (NON-CECH)

These highly anticipated sessions are returning in 2024! APMA's industry allies continue to be trailblazers. Grab a coffee and make your way to an Innovation Theater during the morning exhibit hall scanning breaks on Friday, August 9, and Saturday, August 10. Averitas Pharma and other industry partners will be present to unveil the newest advancements in products and services propelling the profession into the future. Seating and refreshments are available on a first-come, first-served basis.

NON-CECH LUNCH SYMPOSIA

Don't miss your opportunity to learn from APMA partners through our sponsored symposia. Take a look at the podiatric physician registration form and join us for non-CECH lunch symposia sponsored by Amgen Rare Disease, Legally Mine, Organogenesis, and other corporate supporters of APMA. Space is limited.

YOUNG PHYSICIANS' HAPPY HOUR

Friday, August 9 • 6:30–7:30 p.m.

What better way to celebrate Fri-YAY than drinks with friends? Join us at our exclusive Young Physicians' Happy Hour to reconnect with old friends and network with your young physician colleagues. Last year's event was one of the best-attended receptions in APMA YP history. Don't have FOMO—drinks are on us!

TEAM APMA 5K RUN/WALK

Saturday, August 10 • 6:00–7:00 a.m.

www.apma.org/teamapma

Join your friends and colleagues for the 14th Annual Team APMA 5K! Run, walk, or sleep in support of the APMA Educational Foundation. Get your Saturday morning off to an energetic start while you take in iconic landmarks and get your blood pumping for a great cause—or sleep in by registering as a sleeper. Either way, you'll be supporting podiatric medical students.



Download APMA Engage

to stay connected throughout The National with the most up-to-date information and to make the most of your APMA membership year-round! Visit www.apma.org/apmaengage to get started.



2024 Annual Scientific Meeting Sponsors



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Corporation

COPPER

Advanced Oxygen
Therapy, Inc.
ModMed



“Excellent lecture case study with physician interaction; well done.”

— Attendee, The National 2023



**Get more
information
or register!**

www.apma.org/
thenational



With **12,000 members**, APMA is the world's largest professional society for foot and ankle specialists.



APMA members comprise **78% of practicing podiatrists** in the US.

The National features one of its **most diverse faculties ever in 2024.**



90% of participants rated the lectures at The National 2023 as **excellent or great.**

A recent APMA survey related to professional goals revealed that **27% of respondents want to advance in their current practice**, while **16% are interested in expanding their clinical offerings**

by acquiring a new skill/technique.



APMA members have access to **31.0 CECH of complimentary or discounted on-demand continuing education** through the APMA Online Learning Center, with the catalog of courses growing all the time!

In 2023, APMA offered 79 CECH to APMA members through The National, internet live activities/webinars, and on-demand courses in the APMA Online Learning Center. Many of these hours were offered exclusively to APMA members at no cost.



LET THE NATIONAL HELP YOU ACHIEVE YOUR PROFESSIONAL GOALS!