

# Ryan De Leon

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## **To Whom It May Concern:**

I am writing to express my interest in the 3-year PMSR/RRA residency position with your residency program. I am currently a 4<sup>th</sup> year student at Kent State Podiatric College. I have successfully completed 4 years of coursework as well as successfully passed boards part 1 and 2.

During my academic career, I conducted research on Short Shoe Syndrome where I looked at the correlation between shoe size and nail pathology. This research provided me with the opportunity to counsel patients on the importance of wearing the correct shoe size while showing them the visible damage that has occurred in large part due to the incorrect shoe size. With this information, the patients are able to select the correct footwear in the future. In addition, I have attended various workshops such as the Smith and Nephew cadaver workshop where I practiced utilizing the 'Hat Trick' for lesser MTP repair as well as the PIP fusion system. I also have attended clinical symposiums focusing on sports medicine as well as radiology conferences with case presentations of varying pathologies. My willingness to further my education and seek out additional educational opportunities along with the organization and analytic skills learned as a researcher will translate well into a residency position.

I believe that my academic and professional experience as well as my interpersonal skills will provide a solid foundation for the residency position at your program. Attached you will find a copy of my curriculum vitae which provides additional background information. Thank you for your time and consideration and I look forward to hearing from you.

Sincerely,

Ryan De Leon



Have you served or will you have served any post-graduate podiatric residencies by the end of the No

**Institution:** \_\_\_\_\_ **Program Director:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Start Date:** \_\_\_\_\_ **End Date:** \_\_\_\_\_

**Institution:** \_\_\_\_\_ **Program Director:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Start Date:** \_\_\_\_\_ **End Date:** \_\_\_\_\_

**Extracurricular Activities**

**List any extracurricular activities in which you participated while in professional school. Provide activity and dates:**

Short Shoe Syndrome- Mar 2015-Present  
Student Researcher

- Conducting research under the supervision of Myron Bodman, DPM
- Exploring the relationship between ill fitting shoes and foot pathology
- Analyzing the trend in foot pathologies associated with wearing the wrong shoe size

Arthrex Cadaver Workshop-May 2016

Podiatric Association of Diabetes-March 2015-Present  
o Director of Social Affairs: Responsible for organization of social activities-Mar 2015-Feb 2016

Pet Therapy- Dec 2013-Feb 2016  
-Completed Therapy Dog International training with my dog and visited nursing homes to provide pet therapy

KSUCPM Clinical Research Symposium-Attendee-Feb 2016

St. Vincent's Charity Medical Center Radiology Conference-Aug 2015-Present

Wound Vac and Cellutome Workshop sponsored by Podiatric Association for Diabetes-Apr 2015

The Science & Application of V.A.C Negative Pressure Wound Therapy System-Mar 2015

Save a Limb, Save a Life: American Diabetes Association Winter Meeting-Mar 2015

Speaker Michael Canales, DPM

OHFAMA: Sports Injury Clinic-Mar 2015

NYCPM National Student Conference-Jan 2015

Suturing Workshop- Sep, Nov 2013, Apr 2014

**Personal Statement:**

I was diagnosed with a bone tumor of the ankle in 2012. A second opinion from a podiatrist accurately diagnosed me with bone trauma from chronic ankle sprains. Following this misdiagnosis, I became interested in the field of podiatry and asked to accompany the doctor. A medical career had always been in my future but as far as a specialty was concerned, I didn't know where to start. This unfortunate mishap shaped my future career decision. Many years of horseback riding had taken its toll on my lower extremities; Unsupportive shoe gear and hard falls on dirt and gravel threatened to derail years of hard work. The determination to perfect my craft helped me overcome the ankle injuries and control a 1200 lb equine through intricate patterns in the show ring. My determination was further tested when I realized I wanted to pursue podiatry close to the application deadline. I applied in February and was accepted in March. This determination to pursue my goals, however difficult, is a quality I will bring to a residency program.

Residency is not one person but a group of individuals working towards a common goal. A capable physician is not only one that can diagnose and treat patients but one that can learn from others in perfecting their technique. As a future practitioner I hope to work in a podiatric or orthopedic group along with competent and experienced clinicians in which to collaborate. The importance of working with well-trained and knowledgeable individuals will only help to enhance my skill set and improve the quality of care that my patients receive.

Being part of a team is an important aspect of most professions and a role I am familiar with. I worked on a horse-farm for a number of summers. It was my duty to feed 30 horses as well as turn them out to pasture. Working with the other stable hands to accomplish this task was instrumental in developing the ability to work well with others. All hands were needed to take care of these animals on a daily basis. This concept can be applied to working with a group of residents to ensure the timely and proficient care of our patients.

In addition to working with horses, I became a certified dog therapist while in medical school. Chimi, my poodle, and I visited nursing homes residents who had requested quality time with an animal. The weekly visits improved the resident's attitude and motivation. Each patient would light up with excitement every week they were able to interact with Chimi; a short visit had a big impact on their quality of life. I hope to improve and impact the lives of my patients each time they visit my office.

A strong desire to influence the field of podiatry is a goal I hold dear. During medical school, I participated in a research study analyzing shoe size and subsequent nail pathologies seen in our patients. Surprisingly, many people were not wearing the correct size shoe. Incorrect shoe size was contributing to nail dystrophies that could be mistaken as onychomycosis as well as leading to digital contractors, corns, calluses and foot pain. A simple measurement helped the patients select the correct size shoe gear and aid in the healing of the nail damage.

I have always been a good student however medical school tested my limitations as a student as well as an individual. The sheer volume of material and short deadlines was a steep learning curve from undergrad. Simply keeping assignments for different classes together with the exam material was a full time job however it taught me time management and efficiency. In addition, I employed the help of fellow students and tutors to excel at the material. An important attribute I possess is the ability to accept criticism and help from others when I am unsure of the next step. As a resident and practicing physician I may need to seek the opinion of my colleagues for difficult aspects of the profession. My willingness to do so would be a great asset to any residency program.

**Additional Comments**

I have read and understand the instructions and other information in the CASPR™ Instruction Booklet for Applicants to Podiatric Residency Programs. I certify that the information recorded herein is complete and accurate to the best of my knowledge. I recognize that any intentional misrepresentation on my part may cause me to be disqualified from continued participation in the Central Application Service for Podiatric Residencies and/or to be denied appointment to or dismissal from a podiatric residency program.

I hereby authorize CASPR™ to release the information reported in this application and related documents to the residency program(s) I have designated, and to use this information for research purposes. I authorize CASPR™ to report to the college of podiatric medicine I am attending, or last attended, my final status in the CASPR™ Matching Program. I also authorize CASPR™ to include my name on the roster of students matched through CASPR™ in the current residency cycle.



By Checking this box, I certify that I am **Ryan De Leon** and I agree to the above statements. This statement shall have the same effect for all purposes as an ink-signed original.

**Ms. Ryan De Leon**  
**1415 Riverside Dr, Apt 7. Lakewood, OH 44107**  
**(740) 973-5695 rdeleon1@kent.edu**

## **Education**

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<b>Kent State University College of Podiatric Medicine-</b> Independence, OH	Jul 2013-Present
<ul style="list-style-type: none"> <li>▪ Doctor of Podiatric Medicine, Expected Graduation 2017</li> <li>▪ Successfully passed boards part 1 and 2</li> </ul>	
<b>Columbus State Community College-</b> Columbus, OH	Jan 2011-Mar 2011
<ul style="list-style-type: none"> <li>▪ Non-degree Seeking Student</li> <li>▪ Microbiology and Anatomy</li> </ul>	
<b>Miami University Luxembourg Study Abroad Program</b>	May 2008
<ul style="list-style-type: none"> <li>▪ Classical European Culture</li> </ul>	
<b>Miami University of Ohio-</b> Oxford, OH	Aug 2006-May 2010
<ul style="list-style-type: none"> <li>▪ Bachelor of Arts: Zoology</li> </ul>	

## **Awards**

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<b>Dean's List</b>	Dec 2013, Aug 2015
<b>Diversity Scholar</b>	Aug 2006-Aug 2010
<b>Ohio Leadership Scholarship</b>	Aug 2006-Aug 2010
<b>Alpha Award</b>	Dec 2008
<ul style="list-style-type: none"> <li>▪ Received the Alpha Award for outstanding pledge for Alpha Phi Omega National Fraternity</li> </ul>	

<b>Research Experience</b>	
<b>Short Shoe Syndrome</b> <i>Student Researcher</i> <ul style="list-style-type: none"> <li>▪ Conducting research under the supervision of Myron Bodman, DPM</li> <li>▪ Exploring the relationship between ill fitting shoes and foot pathology</li> <li>▪ Analyzing the trend in foot pathologies associated with wearing the wrong shoe size</li> </ul>	Mar 2015-Present
<b>Research Experience for Undergraduates -</b> Charleston, South Carolina <i>Assistant Researcher</i> <ul style="list-style-type: none"> <li>▪ Conducted research alongside Ecotoxicologist, Dr. Marie DeLorenzo</li> <li>▪ Analyzed findings for presentation and publication pertaining to pesticides in the marine environment               <ul style="list-style-type: none"> <li>○ <i>Insecticide Etofenprox to Three Life Stages of the Grass Shrimp Palaemonetes pugio</i></li> <li>○ Archives of Environmental Contamination and Toxicology, Volume 58, Issue 4</li> </ul> </li> </ul>	May 2008-Jul 2008
<b>Affiliations and Memberships</b>	
<ul style="list-style-type: none"> <li>▪ <b>American College of Foot &amp; Ankle Orthopedics and Medicine, Student Chapter</b></li> </ul>	Dec 2014-Present
<ul style="list-style-type: none"> <li>▪ <b>Podiatric Association of Diabetes</b> <ul style="list-style-type: none"> <li>○ Director of Social Affairs: Responsible for organization of social activities</li> </ul> </li> </ul>	Dec 2014-Present Mar 2015-Feb 2016
<ul style="list-style-type: none"> <li>▪ <b>American Podiatric Medical Association</b></li> </ul>	Dec 2013-Present
<ul style="list-style-type: none"> <li>▪ <b>American College of Foot &amp; Ankle Surgeons, Student Chapter</b></li> </ul>	Dec 2013-Present
<ul style="list-style-type: none"> <li>▪ <b>Kappa Tau Epsilon, Student Chapter</b></li> </ul>	Aug 2013-Present
<ul style="list-style-type: none"> <li>▪ <b>Alpha Phi Epsilon Sorority</b> <ul style="list-style-type: none"> <li>○ Participated in philanthropic events with other members of Greek Life</li> </ul> </li> </ul>	Jan 2009-May 2010

<ul style="list-style-type: none"> <li>○ Graphic design specialist for all t-shirts for various sorority events</li> </ul>	
<ul style="list-style-type: none"> <li>▪ <b>Alpha Phi Omega</b> <ul style="list-style-type: none"> <li>○ Attended the National Convention as a voting delegate for Zeta Delta Chapter of Miami U.</li> <li>○ Voted on changes made to the bylaws of the national fraternity</li> <li>○ Travel coordinator for all workshops and overnight events</li> </ul> </li> </ul>	Feb 2008-May 2010

<b>Professional Development</b>	
<ul style="list-style-type: none"> <li>▪ OPMSA Trilliant Surgical Skills Workshop</li> <li>▪ Smith and Nephew Cadaver Workshop</li> <li>▪ Arthrex Cadaver Workshop</li> <li>▪ KSUCPM Clinical Research Symposium-Attendee</li> <li>▪ St. Vincent's Charity Medical Center Radiology Conference</li> <li>▪ Wound Vac and Cellutome Workshop sponsored by Podiatric Association for Diabetes</li> <li>▪ The Science &amp; Application of V.A.C Negative Pressure Wound Therapy System</li> <li>▪ <i>Save a Limb, Save a Life:</i> American Diabetes Association Winter Meeting <ul style="list-style-type: none"> <li>○ Speaker Michael Canales, DPM</li> </ul> </li> <li>▪ OHFAMA: Sports Injury Clinic</li> <li>▪ NYCPM National Student Conference</li> <li>▪ Suturing Workshop</li> </ul>	<p>Apr 2017 Nov 2016 May 2016 Feb 2016 Aug 2015-Present Apr 2015 Mar 2015 Mar 2015</p> <p>Mar 2015 Jan 2015 Sep, Nov 2013, Apr 2014</p>

<b>Work History</b>	
<p><b>Kent State University</b> <i>Library Assistant</i></p> <ul style="list-style-type: none"> <li>▪ Assist students with finding medical literature</li> <li>▪ Maintain a cleanly and orderly environment for study</li> <li>▪ Assist librarian in maintaining the library and book collection</li> </ul>	Jan 2014-Present
<p><b>Educational Service Center of Ohio</b> <i>Substitute Teacher</i></p> <ul style="list-style-type: none"> <li>▪ Serve as a substitute teacher for K-12 grade levels while providing a safe and encouraging environment for students to learn</li> <li>▪ Ensured that lesson plans were followed, provided positive reinforcement during times of conflict, and continued to actively engage students in the classroom</li> </ul>	Feb 2011-Aug 2013
<p><b>Giant Eagle</b> <i>Barista</i></p> <ul style="list-style-type: none"> <li>▪ Certified barista for Starbucks coffee company</li> <li>▪ Responsibilities included executing Starbuck coffee recipes, maintaining the bakery case display while providing excellent customer service</li> </ul>	Jun 2012-Jul 2013
<p><b>Home Health Connection</b> <i>Home Health Aide</i></p> <ul style="list-style-type: none"> <li>▪ Provided education and instruction on life skills for cognitively delayed adults</li> <li>▪ Contributed to the progression of verbal communication and physical therapy of developmentally delayed children</li> <li>▪ Took part in play therapy and community integration of adults and children with disabilities</li> </ul>	Mar 2012-Sept 2012
<p><b>Aerotek/Nationwide Insurance-</b> Grove City, Ohio <i>Quality Assurance Analyst</i></p> <ul style="list-style-type: none"> <li>▪ Served as a quality coordinator for life insurance policies while providing effective evaluation of life insurance policies before they are delivered to the customer.</li> <li>▪ Corrected policy errors in a timely manner by case managers while inputting policy data into the quality database for Audit purposes and record keeping</li> </ul>	Jun 2011-Oct 2011

<b>Volunteering</b>	
<ul style="list-style-type: none"> <li>▪ <b>KSUCPM 3 on 3 Basketball Tournament</b> <ul style="list-style-type: none"> <li>○ Facilitated food and beverage delivery and set up for the tournament</li> </ul> </li> <li>▪ <b>Pet Therapy</b> <ul style="list-style-type: none"> <li>○ Participating in pet therapy training program to provide comfort to hospice patients at Heartland Manor</li> </ul> </li> <li>▪ <b>AAWP Free Clinic, Howard Kimmel DPM</b> <ul style="list-style-type: none"> <li>○ Provide free foot care services to local residents</li> </ul> </li> <li>▪ <b>Senior Olympics</b> <ul style="list-style-type: none"> <li>○ Lead senior citizens in individual corn-hole tournaments</li> </ul> </li> <li>▪ <b>Rubber Duck Regatta</b> <ul style="list-style-type: none"> <li>○ Participated in the clean-up of Cincinnati Riverfest</li> </ul> </li> <li>▪ <b>Relay for Life</b> <ul style="list-style-type: none"> <li>○ Walking for cancer research</li> </ul> </li> <li>▪ <b>Hurricane Katrina Clean-Up</b> <ul style="list-style-type: none"> <li>○ Traveled to Louisiana to provide assistance throughout New Orleans</li> <li>○ House clean-out for rebuild, park maintenance for public use</li> </ul> </li> </ul>	<p>Feb 2016</p> <p>Dec 2013-Present</p> <p>Nov 2014, Jan 2015</p> <p>Nov 2009</p> <p>Jul 2009</p> <p>Mar 2008, 2009</p> <p>Mar 2007</p>
<b>Skills and Certifications</b>	
<ul style="list-style-type: none"> <li>▪ ACLS and BLS/CPR for Healthcare Providers Certified</li> <li>▪ American Red Cross- CPR and AED Certified</li> <li>▪ HIPPA Privacy and Security Certified</li> <li>▪ Proficient in several suturing techniques</li> <li>▪ Trained in sterile field technique and scrub training</li> </ul>	<p>Apr 2017</p> <p>May 2015</p> <p>May 2015</p>
<b>Personal Interests</b>	
<p><b>Traveling</b></p> <ul style="list-style-type: none"> <li>▪ Traveled extensively throughout Europe</li> <li>▪ Visited multiple cultural locations throughout countries such as Paris, London, and Berlin</li> </ul> <p><b>Competitive Equestrian</b></p> <ul style="list-style-type: none"> <li>▪ Involved in 4-H competitions showcasing horsemanship and control of the horse and rider</li> <li>▪ Showmanship and presentation of grooming and handling of equine on the ground</li> <li>▪ Completed and presented an equine presentation for grading at the Licking County Fair in Ohio</li> </ul> <p><b>Painting</b></p> <ul style="list-style-type: none"> <li>▪ Modern abstract painting on canvas with acrylics</li> <li>▪ Improved dexterity with color mixing and shading of art pieces</li> </ul>	