

2026 PRELIMINARY PROGRAM



NASHVILLE, TN • AUGUST 6-9, 2026

APMA ANNUAL SCIENTIFIC MEETING

www.apma.org/thenational

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APMA'S ANNUAL SCIENTIFIC MEETING (THE NATIONAL)



IS THE PREMIER EVENT FOR FOOT AND ANKLE SPECIALISTS.



With **12,250 MEMBERS**, APMA is the **world's largest professional society** for foot and ankle specialists.

APMA MEMBERS comprise the **MAJORITY** of practicing **PODIATRISTS IN THE US.**

85% OF PARTICIPANTS rated the lectures at The National 2025 as **EXCELLENT** or **GREAT**.

SPEAKERS AT THE NATIONAL IN 2026

will reflect the profession's diversity. Last year speakers at The National included:

43% women

30% from traditionally underrepresented racial or ethnic groups

THE FACULTY also included speakers approaching the end of their career, speakers in the prime of their career, speakers who practice in various locations (urban, suburban, rural), and practice settings (solo, group, multispecialty, hospitals, academia, etc.), as they all bring **VALUABLE** and **DIVERSE** perspectives to this well-rounded educational program.

OVER 20% OF OUR SPEAKERS last year were **YOUNG PHYSICIANS.**

AN INVALUABLE EXPERIENCE THAT DEFINES THE PROFESSION

ISAIAH TATES, DPM

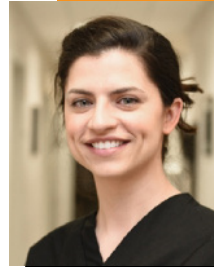


Attending The National has been an invaluable experience for me. It offers an amazing opportunity for networking that you simply cannot replicate virtually.

Whether you are exploring

different subspecialties or looking for new networking opportunities within our profession, the conference provides direct, in-person access to the leaders currently in the positions you hope to be in. It's the perfect environment in which to establish organic connections and develop your relationships with mentors who can help guide you (or put you in contact with the right people in the right places!). I highly recommend it to anyone looking to strategically navigate their podiatric career.

ELIZABETH PISELLI, DPM



President of American Association for Women Podiatrists

Attending The National was an incredibly rewarding experience. The networking opportunities were

outstanding, allowing me to connect with colleagues from across the country and share ideas that will truly improve my practice. I learned so much throughout the sessions and being part of the affiliates track made the experience especially engaging and fun. One of the highlights was the Pink Dessert Hour, which beautifully celebrated and recognized the many inspiring women in our profession. It was an energizing and memorable conference that reinforced the strength of our podiatric community.

ALTON R. JOHNSON JR., DPM



The National continues to be one of the most impactful meetings in our profession. Last year's panel on the team approach to limb preservation was truly exceptional:

It fostered a balanced, open-forum discussion that highlighted the power of interdisciplinary collaboration in improving patient outcomes. The dialogue was practical, honest, and immediately applicable to real-world limb preservation work. Beyond the educational value, The National is always a powerful opportunity to reconnect with classmates and strengthen professional networks. The relationships built and renewed at The National are just as valuable as the clinical insights gained.

GENERAL INFORMATION



REGISTRATION DESK SCHEDULE

WEDNESDAY, AUGUST 5

2:00–6:00 p.m.

THURSDAY, AUGUST 6

6:30 a.m.–6:00 p.m.

FRIDAY, AUGUST 7

6:30 a.m.–6:00 p.m.

SATURDAY, AUGUST 8

7:00 a.m.–2:30 p.m.

Register today at

www.apma.org/thenational!

APMA'S HOST HOTEL AND RESORT

GAYLORD OPRYLAND RESORT & CONVENTION CENTER • NASHVILLE, TN

The National will be held at the Gaylord Opryland Resort and Convention Center, in the heart of Nashville, TN! Attendees can explore nine acres of airy indoor garden atriums, award-winning restaurants (if you're brave try the famous Nashville hot chicken!) and bars, a state-of-the-art fitness center, and the world-class Opryland hotel spa. The resort also includes SoundWaves, Nashville's premier aquatic attraction to unwind.

Nashville is known as the "Music City" for a reason: Around every corner of the city are music venues, and you have access to a free shuttle from the resort to go to the renowned Grand Ole Opry.

Housing Alert: *You should only use the information provided by APMA for your hotel arrangements. Booking through any other source may result in significant personal inconvenience and financial loss.*



VISIT APMA'S BOOKING SITE

Make your reservations at APMA's host hotel and resort today! Visit <https://book.passkey.com/go/APMA2026>. The deadline to book your room is July 15.

PRELIMINARY EDUCATIONAL PROGRAM



OVERVIEW

CLINICAL AND INNOVATION/BUSINESS/LEADERSHIP EDUCATION FOR 2026

The National continues to evolve based on your feedback. This year, we are offering more than just clinical education. We are offering the experience and education you've been asking for! Medicine, surgery, business, leadership, life, innovation, technology, and AI are just a few of the exciting topics that experts will be covering at The National. Be sure to complete your attendee evaluation after the meeting, so The National can continue to adapt to meet your needs.

EDUCATIONAL PROGRAM SCHEDULE

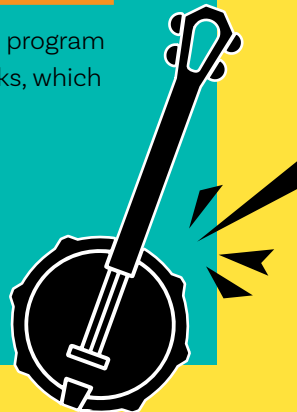
Beginning and ending times for each day's educational program appear below. The schedule for each day includes breaks, which are not identified here.

THURSDAY, AUGUST 6 • 7:30 a.m.-4:00 p.m.

FRIDAY, AUGUST 7 • 7:00 a.m.-5:15 p.m.

SATURDAY, AUGUST 8 • 8:00 a.m.-6:00 p.m.

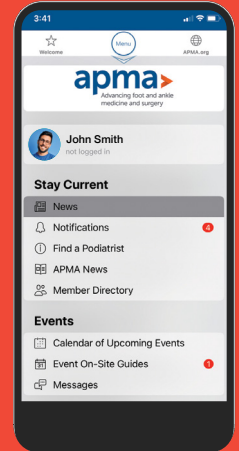
SUNDAY, AUGUST 9 • 7:00 a.m.-12:30 p.m.




DOWNLOAD THE

APMA ENGAGE APP

to stay connected throughout The National with the most up-to-date information and to make the most of your APMA membership year-round! Visit www.apma.org/engage to get started.



EDUCATIONAL PROGRAM	CECH		
<p>Breakfast Symposium: Using Advocacy to Prevent Amputations</p> <p>Join David Armstrong, DPM, MD, PhD; Joe Mills, MD; Shanika Hill, DPM; and Lawrence Burns, DPM, as they talk about Building a Sustainable Limb Preservation Model. In this session, you'll hear how to develop and lead equitable, multidisciplinary limb preservation strategies for DFU and CLTI through evidence-based care, podiatry-vascular collaboration, and outcomes-driven limb salvage programs.</p>	<p>1.5</p>	<p>New Drugs and Therapeutic Trends</p> <ul style="list-style-type: none"> • Liposomal Bupivacaine • Class IV Laser Therapy • Non-Opioid Pain Medication • GLP-1 Perioperative Impact <p>Hear from James Whelan, DPM; Anne Sharkey, DPM; Lee Rogers, DPM; Melissa Lockwood, DPM; and Bob Baravarian, DPM, as they talk about how they incorporate new drugs and therapies into their practices and how these impact patient care and outcomes.</p>	<p>1.5</p>
<p>Keynote: Future of Health Care</p> <div data-bbox="121 649 619 840">  <p>DAVID THORPE LOWELL WEIL, JR., DPM ALEX WAYNE</p> </div> <p>The keynote session will bring together visionaries from leading supergroups that are revolutionizing the practice of podiatry. With moderation by Alex Wayne, Executive Editor of <i>Kaiser Family Foundation News</i>, the session will explore the rapidly evolving health-care landscape and what the future holds for foot and ankle specialists.</p>		<p>Fix It Without the Knife: Cutting Edge of Conservative Therapies</p> <p>Priya Parthasarathy, DPM; Javan Bass, DPM; Adam Fleischer, DPM, MPH; and Arman Kirakosian, DPM, will keep you on the cutting edge of conservative care as they discuss a variety of topics, including diagnosing cancer, using point-of-care ultrasound, and incorporating restoration and injury prevention into clinical practice.</p>	<p>1</p>
<p>Our panel will discuss the rapid pace of change in health care; the needs of an aging, more medically complex patient population; building resilient, engaged, and future-ready teams; and leading the evolution of care delivery models.</p> <p>This panel is designed to prepare podiatrists not just to adapt to the future, but to shape it. Don't miss this groundbreaking conversation.</p>		<p>Fix It With the Knife: Minimally Invasive Surgery</p> <p>Lawrence DiDomenico, DPM, will lead a fun and engaging session with Joseph K. Park, DPM; Bryanna Vesely, DPM; Rachel Gerber, DPM; and Joshua Moore, DPM, as they weigh in on minimally invasive surgery dos and don'ts for bunions and other deformities. You'll be sure to walk away with tools you can take to the OR!</p>	<p>1</p>
		<p>TOTAL CECH</p>	<p>5</p>

EDUCATIONAL PROGRAM	CECH		
<p>Breakfast Symposium: Painful Diabetic Peripheral Neuropathy Mark Mendeszoon, DPM, and Tariq Alfarra, DO, will share all things Painful Diabetic Peripheral Neuropathy, including how to identify patients who might benefit from spinal cord stimulation.</p>	1.5	<p>How Do I...?</p> <ul style="list-style-type: none"> • Use Biomarkers • Manage All This Swelling • Talk About Mental Health Disorders/Cognitive Impairment With Patients <p>If you've ever wondered ... How Do I ... ? This session is for you!</p> <p>Christopher Girgis, DPM, will shine a spotlight on biomarkers in diabetic foot ulcer management.</p> <p>Marlene Reid, DPM, will share her secrets to managing one of the most complicating factors we face ... swelling.</p> <p>Sari Priesand, DPM, recognizes that a patient's mental health is paramount and will share how you can talk more confidently with patients.</p>	1.5
<p>Plenary: Professional Sustainability</p> <p>Long hours + compassionate care + administrative burdens can add up to burnout for podiatric physicians and surgeons. Lyndley Andrews, MBA, and Gene Pascarella, DPM, will share strategies to tackle stress, build resilience, and stay strong when handling difficult situations.</p> <p>Attendees will leave feeling validated in their experiences and prepared with practical tools and strategies they can immediately apply to strengthen resilience, professionalism, and long-term career sustainability.</p>	1	<p>At the Speed of Sound: Surgical Blitz</p> <ul style="list-style-type: none"> • Bunion Osteotomy Pitfalls • MIS Achilles • Plantar Plate Repair • Nerve Pathology Surgical Repair • FDL to Peroneal Tendon Transfers • TA Muscle Flap <p>You told us you love pearls you can take back to work next week, so don't miss surgical tips and pearls on a variety of topics from Eliezer Eisenberger, DPM; Aleksandr Emerel, DPM; Adam Fleischer, DPM, MPH; Mitzi Williams, DPM; Shalvi Prasad, DPM; and James Whelan, DPM.</p>	1.5
<p>Regenerative Medicine</p> <ul style="list-style-type: none"> • Shockwave • Injectables • PRP • Cartilage for OCDs <p>Andrew Schneider, DPM; Priya Parthasarathy, DPM; and Anne Sharkey, DPM, will Unlock the Power of Regenerative Medicine. Get a front row seat to hear how to incorporate therapies like shockwave, injectables, peptides, redlight therapy, and PRP into your practice.</p>	1.5		
<p>Pain Management and Prescribing Practices</p> <p>Savannah Santiago, DPM, will host this Special Session on Pain Management and Prescribing Practices that is likely to meet your licensing board's opioid/pain management requirement. Be sure to check with your state licensing board!</p>	1		

Students' and Resident's Program

Our students and residents won't want to miss this session tailored to their needs, featuring **Savannah Santiago, DPM**; **Shalvi Prasad, DPM**; and **Eliezer Eistenberger, DPM**. Get advice on:

- Externship and Residency Interviews
- Fellowship Timeline and Prep
- Transitioning from Training to Practice

TOTAL CECH

8

INNOVATION/TECHNOLOGY/AI

Simplify podiatry practice management with an all-in-one EHR, real-time AI scribe, and built-in standard of care engine that reduces administrative burden and keeps providers focused on what matters most—patient care.

Sponsored by Compulink.

Improve chronic wound care with advanced biologics and streamlined support that helps providers enhance healing outcomes while staying focused on patient care.

Sponsored by Cellution Biologics.

REGISTER TODAY! WWW.APMA.ORG/THE NATIONAL



ASMAA IBRAHIM, DPM

Attending The National at the beginning of my final year of residency was a very impactful experience! The lectures were both informative and practical, and they offered evidence-based guidance that I could immediately apply to my

work as I transitioned into my first attending role after graduation. Connecting with colleagues and mentors across the country also gave me valuable insight into the various practice models and help with career planning.



CLINICAL EDUCATION	CECH		
<p>Breakfast Symposium: Optimizing Wounds</p> <p>We know you want to optimize your wound care outcomes. Joseph Park, DPM, will guide us on how to best manage the patient through nutrition and blood sugar control and the wound through best practice wound bed preparation. Plus, he'll provide advice on determining next steps for treatment. A can't-miss session to get you ready for that wound on Monday!</p>	1.5	<p>Poster Abstract Symposium</p> <p>Let the research continue! Explore the latest research and innovations in podiatric medicine and surgery during the Poster Abstract Symposium—walk the aisles, connect with colleagues, and discover emerging ideas shaping the future of foot and ankle care.</p>	1
<p>Oral Abstract Presentations</p> <p>Your colleagues are doing groundbreaking research! Come and listen to their original work.</p> <ul style="list-style-type: none"> • Jeffrey Loveland, DPM: Percutaneous Extra canal Fully Threaded Screw Fixation to Augment TTC/TC Intramedullary Nail Constructs in Charcot Neuropathic Hindfoot Reconstruction: A Retrospective Case Series • Alex Fleischman, DPM: Indicative Risk of Acute and Chronic Hyperglycemia on the Development of Ankle Joint Limitation and Equinus Deformity in the Diabetic Patient • Jeffrey Ross, DPM, MD: Abnormal Foot Morphology Among Children with Obesity and the Potential Implications for Public Health • Lawrence Oloff, DPM: Multiplanar Evaluation of First Ray Hypermobility • Patrick Robinson, DPM: Early Weight-Bearing Protocol For Operative Treatment of Zone 1 Fifth Metatarsal Base Fractures • Jennifer Skolnik, DPM: Ability of Pedal Medial Arterial Calcification to Predict Outcomes after Transmetatarsal Amputation 	1.5	<p>Complications Remix</p> <p>Metatarsus Adductus Complications Quick Debate</p> <ul style="list-style-type: none"> • Achilles Complications Quick Cases • Muscle Flap Complications • Surgical Complications • Nerve Complications • Fibular IM Nail Complications <p>You don't want to just sit and listen to lectures. The Complications Remix will keep you on your toes, just like complications in real life!</p> <p>Michelle Butterworth, DPM; Rachel Albright, DPM, MPH; Alec Dierksheide, DPM; Tim Miller, DPM; Andrew Mastay, DPM; Pat Burns, DPM; and Aleksandr Emerel, DPM, will guide us through how they think about and address complications. Lean on their experience and advice to get you through your next challenging complication!</p>	2



Ninth APMA Podiatry School Student Quiz Bowl

Let's hear it for our contestants! Come to the Ninth APMA Podiatry School Student Quiz Bowl, support our students, try your luck at the questions, and cheer on your alma mater.

This year's contestants are:

- Chris Lee, AZPOD
- Jesse Katz, BUSPM
- Josh Quinn, DMU-CPMS
- Waseem Kamal, KSUCPM
- Christopher P. Richter, NYCPM
- Matthew Wells, SCPM
- Amber del Rosario, SMU-CPM
- Sahil Kapadia, TUSPM
- Elnaaz (Elli) Eskandari, UTRGV
- Minh (Minnie) Thu Nguyen, WUSPM
- Austin Pense, LECOM

1.5

TOTAL CECH

7.5

BUSINESS, LEADERSHIP, & LIFE

From Personality to Performance: The Hidden Driver of Outcomes (DISC Profile)

We heard you! Our attendees told us they want to strengthen their leadership skills to improve patient care. This is the session for you!

The DiSC Behavioral Styles Assessment provides valuable insight into individual behavioral tendencies, communication preferences, motivators, and workplace dynamics. Learn more about yourself and how to work better with other behavioral styles.

Value-Based Care

Systems, Policy, and Advocacy as Tools to Improve Patient Outcomes and Access to Care

Taking care of patients isn't easy. Get strategies to navigate care barriers, improve access, and support more equitable, high-quality patient outcomes.

Bridging Generations to Strengthen Patient Care

Every generation speaks a little differently—learn how to connect with patients and coworkers of all ages, avoid communication mix-ups, and keep the whole care team on the same wavelength.

Representation, Influence, and Impact on Patient Care

Different backgrounds bring different perspectives—and that makes health care better.

Learn how inclusive leadership can improve teamwork, patient trust, safety, and overall care for the communities we serve.

Change Management

Change is hard, but staying the same is harder.

Learn how to get teams on board, handle resistance before it becomes roadblocks, and make changes that actually stick and improve patient care.

Leveraging AI in Health-Care Leadership

We heard you! Learn how to integrate AI into your workflow to enhance care delivery and improve patient outcomes.

EDUCATIONAL PROGRAM	CECH
Breakfast Symposium: Ethics in Diagnostic Innovation	1.5
Harry Goldsmith, DPM, Memorial Coding Seminar Join Jeffrey Lehrman, DPM ; Alex Dellinger, DPM ; and Melissa Lockwood, DPM , to stay ahead of the coding curve with hot topics at the Harry Goldsmith, DPM, Memorial Coding Seminar—from G2211 and E/M updates to modifier -25 audits, dermatology coding, at-risk foot care, 1st ray repairs, and L3000 pearls that can help keep your documentation clean and your claims on track.	3.5
TOTAL CECH	5

CONTINUING EDUCATION

APPROVAL STATEMENTS

PODIATRIC PHYSICIANS

APMA is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. APMA has approved this activity for a maximum of 25.5* continuing education contact hours (CECH).

**This number is based on attendance at all general session lectures, breakfast symposia, plenary lectures, and the APMA Poster Abstracts Symposium.*

PODIATRIC MEDICAL ASSISTANTS

APMA is approved by the Commission on Accreditation of Podiatric Medical Assisting Certification as a sponsor of continuing education in podiatric medical assisting. Program participants may earn up to 25.5 CECH. Only 20 credits are required per year for certification renewal.



APMA LISTENS! The following topics will be included in this year's program due to your feedback and requests:

- Contract Negotiations
- Understanding RVUs
- How to Incorporate Ancillary Sales
- Incorporating a Direct Pay Model
- Personal/Professional Wealth Management

INVITED FACULTY



Rachel Albright, DPM, MPH
Tari Alfarra, DO
Lyndley Andrews, MBA
David Armstrong, DPM, MD,
PhD

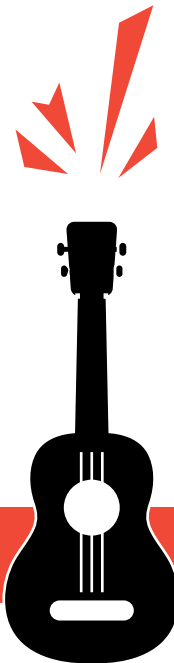
Javan Bass, DPM
Lawrence Burns, DPM
Pat Burns, DPM
Michelle Butterworth, DPM
Alex Dellinger, DPM
Lawrence DiDomenico, DPM
Alec Dierksheide, DPM
Eliezer Eisenberger, DPM
Aleksandr Emerel, DPM
Adam

Fleischer, DPM, MPH
Alex Fleischman, DPM
Rachel Gerber, DPM
Christopher Girgis, DPM
Shanika Hill, DPM
Arman Kirakosian, DPM
Jeffrey Lehrman, DPM

Melissa Lockwood, DPM
Jeffrey Loveland, DPM
Andrew Mastay, DPM
Mark Mendeszoon, DPM
Tim Miller, DPM

Joe Mills, MD
Joshua Moore, DPM
Lawrence Oloff, DPM
Joseph Park, DPM
Joseph K. Park, DPM
Priya Parthasarathy, DPM
Gene Pascarella, DPM
Shalvi Prasad, DPM
Sari Priesand, DPM
Marlene Reid, DPM
Patrick Robinson, DPM, MS
Lee Rogers, DPM
Jeffrey Ross, DPM, MD
Savannah Santiago, DPM
Andrew Schneider, DPM
Anne Sharkey, DPM
Jennifer Skolnik, DPM

David Thorpe
Breanna Vesely, DPM
Phillip Ward, DPM
Alex Wayne
Lowell Weil, Jr., DPM
James Whelan, DPM
Mitzi Williams, DPM



REGISTER TODAY! WWW.APMA.ORG/THE NATIONAL

EXHIBIT HALL: podEXPO



EXHIBIT HALL SCHEDULE

THURSDAY, AUGUST 6 • 2:15–6:00 p.m.
4:00–6:00 p.m. • podPARTY

FRIDAY, AUGUST 7 • 9:30 a.m.–3:45 p.m.

SATURDAY, AUGUST 8 • 9:30 a.m.–1:30 p.m.



GET READY!

**podEXPO 2026 IS
GOING TO BE
BETTER, BOLDER,
AND MORE DYNAMIC
THAN EVER!**

Step into an energizing space that features hands-on surgical training, live entertainment, delicious bites, complimentary lunches (excluding industry-sponsored Lunch-and-Learn sessions), refreshing breaks, and networking opportunities. This is where innovation meets experience!

Discover an incredible showcase of products and services spanning the entire industry, including dermatology, cutting-edge medical equipment, footwear and hosiery, practice management solutions, advanced software, surgical supplies, wound care, pharmaceuticals, and so much more. Whether you're launching your career or leading the field with years of expertise, you'll uncover powerful solutions designed to elevate every stage of your professional journey.

podEXPO 2026 isn't just a place to browse—it's the vibrant heart of the event, buzzing with education, collaboration, and excitement at every turn. Join the action, make meaningful connections, and don't forget to show your appreciation to our outstanding exhibitors and sponsors who make it all possible!



NOTE: Products displayed at podEXPO have not been investigated or approved by APMA regarding efficacy or regulatory compliance. Physicians should perform their own due diligence regarding any claims made about products displayed.



THE MOBILE LAB EXPERIENCE (NON-CECH)

Located in podEXPO, the lab is a mobile operating room with integrated lab stations that provide visitors a hands-on experience. The mobile lab is set up for a wide variety of surgical procedures. Visit the mobile lab to ramp up your surgical skills!



NON-CECH LUNCH SYMPOSIA

Don't miss your opportunity to learn from APMA corporate supporters through our sponsored non-CECH lunch symposia. APMA's industry partners will present the newest advancements in products and services to expand your knowledge.

- **THURSDAY, AUGUST 6** • 12:00-1:00 p.m.
AMGEN Rare Disease • NextGen Healthcare • Organogenesis
- **FRIDAY, AUGUST 7** • 12:00-1:00 p.m.
Legally Mine • Vertex Pharmaceuticals
- **SATURDAY, AUGUST 8** • 12:00-1:00 p.m.
Averitas

Information about specific topics, presenters, and sponsors will be available at www.apma.org/thenational in the spring. Space is limited.

SOLUTIONS STAGE (NON-CECH)

You have problems. APMA has solutions! We created the new Solutions Stage to let our industry partners share their innovative solutions and new technologies that are pushing podiatry forward: The Solution Stage sessions occur throughout the day on Friday and Saturday, including breaks.



SOCIAL & NETWORKING EVENTS



TEAM APMA 5K FUN RUN (NON-CECH)

Saturday, August 8 • 6:00–7:00 a.m.

Join your friends and colleagues for the 16th Annual Team APMA 5K! Run, walk, or sleep in support of the APMA Educational Foundation. Kickstart your Saturday morning with energy and excitement as you get your blood flowing for a great cause—or sleep in by registering as a sleeper. Either way, you'll be supporting podiatric medical students.

apma > | Educational Foundation



YOUNG PHYSICIANS' HAPPY HOUR (NON-CECH)

Friday, August 7 • 6:30–7:30 p.m.

Start your weekend off right at this popular reception. Reconnect with your classmates and network with your colleagues at this exclusive happy hour for young physicians and students. Come alone or with friends—drinks are on us!

NINTH APMA PODIATRY SCHOOL STUDENT QUIZ BOWL (1.5 CECH)

Watch representatives from the 11 schools of podiatric medicine battle it out in this Jeopardy-style event that will test all their scientific knowledge!



OUR MEETING SPONSORS

(as of May 21, 2026)



CORPORATE ENGAGEMENT

AT THE NATIONAL

APMA is the largest professional organization for podiatric physicians and surgeons in the country. Partnering with APMA offers substantial benefits to many companies each year, boosting their visibility among podiatric professionals. These companies share APMA's commitment to advancing foot and ankle health, member services, and professional excellence. By partnering with APMA, they enhance their brand recognition within the podiatry field while also supporting APMA's mission to advocate for podiatric medicine and surgery, ultimately benefiting both members and public health.

If your company is interested in exhibiting or sponsoring at the 2026 Annual Scientific Meeting, please contact Tina Carter (tcarter@apma.org) or Melanie Carter (mcarter@apma.org) for details.

SILVER



BRONZE



AMERICAN BOARD OF
FOOT AND ANKLE SURGERY
A credential you can trust.®



COPPER

