

THURSDAY  
JULY 28, 2022



# the National Today

OFFICIAL PUBLICATION OF THE ANNUAL SCIENTIFIC MEETING

# Welcome

TO THE  
2022 ANNUAL  
SCIENTIFIC  
MEETING



**W**elcome to the 2022 APMA Annual Scientific Meeting (The National)! The National is truly the must-attend event for every podiatrist, covering the entire spectrum of foot and ankle care and representing every voice in podiatric medicine and surgery. This year, once again, we have organized all of our outstanding content into two convenient tracks: One track will cover medical topics, while the other will focus on surgical topics.

We'll jump right into educational sessions today, including an opening address from our colleague Michael DeGere, DPM, MBA. As a health system executive, Dr. DeGere will share his perspective on podiatry's role in health-care leadership and population health. Also this afternoon, join us for the grand opening of our expansive Exhibit Hall.

Today, tomorrow, and Saturday, there will be hands-on workshops in Orlando (ask about availability of slots at Registration if you have not already signed up) and our popular surgical blitz sessions. On Friday, faculty and residency directors will enjoy an APMA-American Board of Podiatric Medicine Educators Forum, and on Saturday, we encourage all attendees to come out to support their alma mater at the fifth annual Podiatry School Student Quiz Bowl. Also Saturday, enjoy the latest science shaping the practice of podiatry at our oral abstracts session and the poster abstracts symposium. Sunday will deliver the unmatched Harry Goldsmith, DPM, Memorial Coding Seminar.

Don't miss important opportunities to supplement your continuing education throughout the meeting. On

see [Welcome](#), page 4

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## CECH SCANNING SCHEDULE

THURSDAY, JULY 28

**9:30–10:00 a.m.**

Scanning outside the lecture hall | 2.5 contact hours

**12:00–12:30 p.m.**

Scanning outside the lecture hall | 2 contact hours

**4:00–6:30 p.m.**

Scanning in the exhibit hall  
1.5 contact hours

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# Opening Session Examines Podiatry's Role in Population Health, Leadership



**MIKE DEGERE, DPM, MBA**

**“The Quadruple Aim has been described as improving population health, improving the patient experience of care, decreasing the cost of care, and improving the care team experience and well-being<sup>1</sup>. I would assert that these are not aspirational goals, but interconnected imperatives for the future of health care.”**

If you ever question podiatry's place in the ever-changing health-care landscape, have a conversation with this year's Annual Scientific Meeting keynote speaker Mike DeGere, DPM, MBA. Better yet, come listen to his lecture, “Podiatrists' Key Role in Medical Staff Leadership and Improving Population Health,” during today's Opening Session. He will leave you inspired and excited for the future of podiatry.

A 1999 graduate of the Dr. William M. Scholl College of Podiatric Medicine and Science, Dr. DeGere served his residency at the Jesse Brown VA in Chicago and then practiced podiatry in Wisconsin and Ohio over the following 12 years. After serving as Chief of Surgery and election to Chief of Staff at St. Agnes Hospital in Fond du Lac, WI, he entered

full-time executive leadership in 2014. In 2021 he became Vice President and Chief Medical Officer for Froedtert Health – Holy Family Memorial in Manitowoc, WI.

“Early on in my practice career, I became progressively more involved in committee work in the organized medical staff of my hospital,” says Dr. DeGere. “This work increased my awareness of the value of bridging care delivery and health-care administration.” After nearly three years in a dual clinical/administrative role, a new population health executive position was created and Dr. DeGere leapt at the opportunity. “It proved to be precisely the right role to make the transition to full-time administrative work without abandoning any of the training, experience, and passion that I had for clinical practice.”

For Dr. DeGere, podiatry and

population health are a natural fit. Falls prevention and diabetic foot exams are obvious examples of the intersection of these two fields, but Dr. DeGere sees many more opportunities to make an impact, such as contributing to hypertension management.

“The strategy could be timely and properly administered blood pressure checks on appropriate patients who present for a medical appointment of any type, the podiatric office visit included,” he said. “Considering the frequency with which some at-risk patients are seen in the podiatric office, there is much opportunity for not just active participation, but podiatrists' demonstrated leadership in population health improvement.”

Just as importantly, being involved in population health may be necessary as the health-care management landscape continues to evolve.

“Population health improvement is driving care models and reimbursement paradigms. I believe podiatrists' active involvement in achieving improved population health can blend very naturally and helpfully with organizational goals and payment models that reward improved outcomes for the patients we serve.”

Though becoming more commonplace, a podiatrist taking on an executive leadership role in a health system is still perceived as noteworthy within the profession.

“My experience has been that for any clinical leader, the most important factors have not been the medical degree or the specialty,” Dr. DeGere said. “They have been reliability, effort, outcomes, communication, trustworthiness, and consistently demonstrated respect for others.”

The Opening Session will also include remarks from APMA President Laura Pickard, DPM, and special recognition of Barney Greenberg, DPM, for his legacy with the APMAPAC. After the Opening Session, head over to the Exhibit Hall Grand Opening/Reception. ●

1. Bodenheimer T, Sinsky C. From triple to quadruple aim: care of the patient requires care of the provider. *Ann Fam Med*. 2014;12(6):573–576. doi: 10.1370/afm.1713.

**OPENING SESSION**  
Thursday, 3–4 p.m., Canary

The National Today is published by the American Podiatric Medical Association during its Annual Scientific Meeting.

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## Welcome

*continued from Page 1*

Thursday, Friday, and Saturday you'll have the chance to attend non-CECH symposia on a wide variety of topics (see more on page 14). And don't forget to visit our Innovation Cafés in the Exhibit Hall during Friday and Saturday morning scanning breaks. Rest your feet, help yourself to brunch, and listen to a sponsored talk. Finish up your day on Friday and Saturday by attending the new Innovation After Hours evening receptions to learn about industry products and services while enjoying refreshments.

As always, one of the greatest benefits of The National is the camaraderie. Young physicians won't want to miss the Young Physicians' Reception in the APMA Career Center booth (#607) during the grand opening of the Exhibit Hall this afternoon

from 4 to 6. On Saturday morning, we welcome back the traditional, in-person Team APMA 5K Run/Walk benefiting the APMA Educational Foundation.

Be sure to take some time outside of the educational program to peruse our vast exhibit hall and thank the many great companies on hand to share their products and services and support podiatric medicine.

APMA gratefully acknowledges the outstanding sponsors that have made this event possible. We are fortunate to enjoy the support of these wonderful companies that play a vital role in our podiatry community. See a full listing of sponsors on page 16.

APMA welcomes your feedback as The National evolves to meet the changing needs of the podiatric community. The meeting evaluation will be available soon after the close of the meeting. We look forward to delivering an exceptional event. ●

### The 2022 faculty is the most diverse ever with ...

- 43 women
- 26 young physicians
- 18 speakers from traditionally underrepresented races or ethnicities

# Interventional Radiology + Podiatry: A Limb-Saving Combination

The five-year mortality rate for critical limb ischemia (CLI) is higher than for many types of cancers.<sup>1</sup> With diabetes and chronic kidney disease on the rise, CLI is also on the rise, and many patients are presenting with more severe disease than in years past, making it more important than ever for podiatric physicians to develop a close working relationship with their colleagues in interventional radiology.

Jason Levine, DPM, and Srinu Tummala, MD, presenters at this morning's Breakfast Symposium 1 and colleagues at the University of Miami Miller School of Medicine, will share their own firsthand experience of the value of that professional collaboration.

"Podiatrists have all the tools and skills to take care of wounds, but they need optimal blood flow to do it," said Dr. Tummala. "We've taken referrals from other hospitals in Florida who were sent because they were told the only option was major amputation. I've been able to open complex blockages to increase blood flow to the foot and leg and then refer those patients to my colleagues in podiatry, who were able to heal their wounds with podiatric surgery and wound care."

During the breakfast symposium, Drs. Levine and Tummala will cover the importance of screening for peripheral arterial disease and when to refer to a vascular specialist. They suggest that anyone with a wound should be considered for referral.

"Patients with lower extremity ulcers should undergo vascular testing and when appropriate should be referred immediately," Dr. Levine said. They also recommend podiatrists not rely on an ABI alone in patients with diabetes and kidney disease. Look for changes in the temperature and skin of the foot, as well as diminished pulses.

The program will also cover advice for building referral relationships. "Investigate the physician you're referring to," said Dr. Tummala. "Is it someone who is skilled at advanced limb salvage from an endovascular and surgical standpoint? Many vascular doctors are not experienced in advanced limb salvage techniques regardless of their specialty."

The key takeaway from the session, according to Dr. Tummala: Collaboration between podiatry and interventional radiology is critical. "Collaboration between our specialties optimizes wound care, prevents amputations, improves quality of life, and ultimately reduces mortality." ●

1. CLI Global Society. Critical Limb Ischemia is a Major Public Health Concern With Prognosis Worse Than Many Types of Cancer. (2021, March). <https://www.cliglobalsociety.org/news/cli-is-a-major-public-health-concern-with-prognosis-worse-than-many-types-of-cancer/>

### BREAKFAST SYMPOSIUM 1

Thursday, 7–8:30 a.m., Royal

# APMA Expands Alliance with NextGen Healthcare

**APMA is pleased to expand its partnership with NextGen® Healthcare (Nasdaq: NXGN), a leading provider of cloud-based, ambulatory-focused technology solutions. NextGen Healthcare is a founding partner of the APMA Registry, and NextGen® Office is a preferred electronic health record (EHR) system for APMA members.**

**N**extGen® Office is a fully integrated, cloud-based clinical and billing solution designed for small, independent practices with specialty-specific clinical content, an easy-to-use patient portal, and a claims clearinghouse. NextGen Office helps streamline workflows, improve clinical outcomes, and refine reporting while enhancing satisfaction for both the clinician and patient. NextGen Office offers clinical workflows tailored to podiatry and is the only EHR integrated into the APMA Registry.

This expanded partnership supports the ability to leverage clinical insights into best practices as a result of the united APMA Registry, the APMA Merit-based Incentive Payment System (MIPS) app developed by Darena Solutions, and NextGen Office.

“The APMA Registry and MIPS app were designed to help APMA member podiatrists thrive within MIPS,” said James R. Christina, DPM, APMA executive director and CEO. “The app allows members to report their data to the Centers for Medicare and Medicaid Services under MIPS and

also to track and benchmark their MIPS scores throughout the year,” Dr. Christina said. “The registry serves as a critical data repository to help fuel the practice of evidence-based podiatric medicine and surgery.”

“APMA and its members are charting a course to better healthcare outcomes for patients. NextGen Healthcare shares APMA’s vision of easing the burden on independent practitioners, and our solutions create efficiencies that allow providers to focus on their patients,” said Srinivas (Sri) Velmoor, chief growth and strategy officer for NextGen Healthcare. “The partnership between APMA, NextGen Healthcare, and Darena Solutions emphasizes our commitment to whole-person care as the key to building healthier communities.”

With NextGen Office, podiatrists can touch, talk, or type encounter

notes directly into the clinical documentation. NextGen Office empowers patients to schedule appointments electronically, request refills, and schedule telehealth visits. Importantly, it also allows the care team to connect with each other through direct messaging and referral exchange.

“We at Darena Solutions are proud to play an integral role in this partnership with APMA and NextGen Healthcare. We are excited about the potential of the Fast Healthcare Interoperability Resources (FHIR) based registry we implemented for APMA to promote patient care in podiatry. By leveraging the FHIR standards, we will be able to provide analytical insights to APMA and its members so they can deliver prompt quality care driven by best practices,” said Pawan Jindal, MD, founder of Darena Solutions. ●

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# Public Health Track Takes Aim at Bias against Obese, Disabled Patients

**Public Health and Disparities Track Leaders Elizabeth A. Ansert, DPM, and Janet Simon, DPM, have worked to prepare a slate of programming that promises to engage during today's educational session. We sat down with Dr. Simon to get the inside scoop on one these sessions, "Public Health and Disparities—Working with the Obese Patient and ADA Awareness."**



**TRACK 1: PUBLIC HEALTH AND DISPARITIES**  
Thursday, 10 a.m.–12 p.m., Royal

**THE NATIONAL TODAY:**  
**Why did you choose this topic for this session?**

**DR. SIMON:** APMA's Public Health and Preventive Podiatric Medicine Committee (PHPPMC) had previously identified the topic of obesity and had included a presentation in the public health track for the 2020 Annual Scientific Meeting, which we all know was cancelled. When Dr. Ansert and I reviewed the list of topics falling under our public health umbrella, obesity and disability awareness were areas that had not recently been presented on during The National and continued to be of high concern to PHPPMC.

**THE NATIONAL TODAY:**  
**What do you hope attendees get out of this session?**

**DR. SIMON:** Along with greater awareness of how obesity and disability affect our patients, knowledge and tools for improved clinical care. All DPMs have patients who are obese and/or disabled and current best practices will be included in this session.

**THE NATIONAL TODAY:**  
**What do you think is most interesting or important about this program?**

**DR. SIMON:** Studies show that weight bias and stigma in health care are on the rise. By including obesity



**JANET SIMON, DPM**

presentations in the Annual Scientific Meeting program, we hope to minimize the negative impact that many of our patients experience by raising awareness among attendees. Similarly, we're hoping to dispel the stigma around the disabled community by improving understanding of how the Americans with Disabilities Act (ADA) impacts clinical practice.

**THE NATIONAL TODAY:**  
**What else would you want people attending the meeting to know?**

**DR. SIMON:** Being compassionate and knowledgeable about chronic conditions that many of our patients have is a professional obligation. Recognizing biases that we as physicians may have about obese and disabled patients and having tools to work through these biases is an objective of this session. ●



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# Surgical Complications Session Covers Custom 3D Implants, Bone Grafts, More



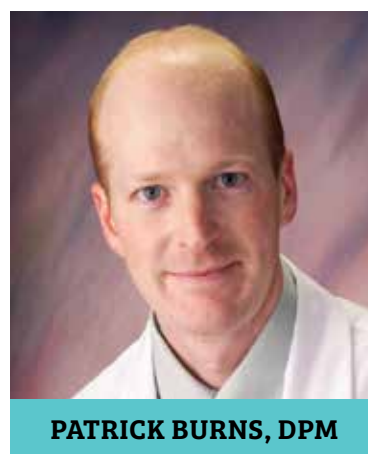
**The program at The National is once again split into two convenient tracks, one covering medical topics and the other covering surgical topics. Choose to follow one or mix and match sessions to customize your meeting experience! This afternoon's surgical track focuses on a challenge every surgeon will face: complications. The National Today spoke with track leader and moderator Patrick Burns, DPM, to learn more about what attendees can expect:**

**THE NATIONAL TODAY: Why is the topic of complications so important?**

**DR. BURNS:** Anyone who does foot and ankle surgery will have complications. Complications such as nonunion and infection are some of the most common, so the topics cover how to manage these along with examples and pearls. In addition, the use of patient specific 3D technology and implants is growing, and this lecture will give a review of the process and some examples of where it can be used in foot and ankle surgery.

**THE NATIONAL TODAY: How did you choose the specific complications that will be covered in this session?**

**DR. BURNS:** The complications covered in general are everyday, real-life complications that everyone doing surgery will see. The lectures also give techniques such as bone graft options and methods to help manage bone infection that again are very



**PATRICK BURNS, DPM**

useful for anyone performing foot and ankle surgery.

**THE NATIONAL TODAY: What complications do you see most often in practice? Which do you find most challenging?**

**DR. BURNS:** Some of the most common deal with the first ray and surgery for PTTD, which is why [those complications] are covered in particular with technique pearls and examples.

**THE NATIONAL TODAY: What pearls will attendees be able to apply after attending this session?**

**DR. BURNS:** Attendees will be shown different ways and places to obtain bone graft to help deal with non-union; they will be shown some tips and techniques for infection management including antibiotic spacers and fixation pearls to help deal with osteomyelitis. They will also be shown examples of common complications regarding first ray surgery and those for acquired flatfoot/PTTD.

**THE NATIONAL TODAY: What may be new or surprising?**

**DR. BURNS:** I think the bone grafting and tips for local antibiotic delivery will be useful, as well as examples of fixation considerations for some of our common surgeries. I also think the specific examples utilizing custom patient specific 3D implants may be new to many people and may give some new views on ways to revise and salvage some of our post op complications.

**THE NATIONAL TODAY: What else should attendees know?**

**DR. BURNS:** There will be many examples of complications and tips/techniques on how they were addressed which may help anyone doing foot and ankle surgery if they encounter similar [issues]. The use of 3D will be of interest for most as well, as this is an evolving technology. Also it is worth mentioning the skill set of the lecturers. They are all well trained, active in teaching, and are experienced in all these topics so I'm sure everyone in attendance will pick up a trick or learn a new technique. ●

## **TRACK 1: SURGICAL COMPLICATIONS**

Thursday, 1:30–3 p.m.,  
Sabal



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# Meet the Contestants!

On Saturday, July 30, students from the nine schools of podiatric medicine will compete in the fifth annual Podiatry School Student Quiz Bowl. This beloved tradition at The National brings alumni, students, assistants, and friends together to test their knowledge. Each day in *The National Today*, we'll introduce you to three of this year's contestants. Read on to learn more about our students and get ready to cheer them on Saturday at 4:30 p.m.



## JAKE LOITZ

California School of Podiatric Medicine at Samuel Merritt University Class of 2023

### Why did you choose a career in podiatric medicine and surgery?

I appreciate the versatility of podiatry. There are many different routes you can take (limb salvage, complex limb deformity, sports medicine, etc.).

### What made you decide to participate in the 2022 Podiatry School Student Quiz Bowl?

I competed against students in my cohort and won; I am excited at the prospect of putting my best foot forward and seeing how I match up against excellent competitors.

### Is anyone coming to cheer you on?

There will be members of my class there, as well as friends from other schools!

### How will you prepare for the Quiz Bowl?

Crozer, Pocket Pimped, and Diet Coke.

### What do you think is the most important challenge facing future podiatrists?

Establishing parity between foot and ankle orthopedics and podiatry.

### What makes you stand out from other contestants?

My hilarious dad jokes.

### If you win, how will you spend your prize money?

I will go to Disney World and pay for gas.

### If you could have a superhuman power, what would it be?

To wake up from naps without feeling more tired.

### What's something you never leave home without?

Crozer, Pocket Pimped, and suture to hand tie.

### Do you have advice for future podiatric medical students?

Do the best you can in school. Reach out to residency programs early on. Find mentors and like-minded people who can guide you.



## DANIEL LOWE

Des Moines University College of Podiatric Medicine and Surgery Class of 2023

### Why did you choose a career in podiatric medicine and surgery?

I chose a career in podiatric medicine because of the impact on the patient's life. From flatfoot reconstruction to prescribing orthotics, all aspects of the career can provide relief to the patient and improve their lives.

### What made you decide to participate in the 2022 Podiatry School Student Quiz Bowl?

I am participating because I enjoy being challenged and wanted to represent myself and my school.

### Is anyone coming to cheer you on?

My mom and girlfriend will be cheering me on from afar.

### How will you prepare for the Quiz Bowl?

By reading PRISM and Crozer.

### What do you think is the most important challenge facing future podiatrists?

The sheer volume of the growing diabetic population. Future podiatrists will be facing a greater amount of the patient population adding to the volume of complex pathology.

### What makes you stand out from other contestants?

My dedication to further better myself to become the best physician I can be.

### If you win, how will you spend your prize money?

On my girlfriend and cat.

### If you could have a superhuman power, what would it be?

X-ray vision, so I can always tell the osseous pathology.

### What's something you never leave home without?

Cell phone, just in case I need to google or look up an article.

### Do you have advice for future podiatric medical students?

Try to challenge yourself and take on tasks/projects/requirements that will demand individual growth.



## JONATHAN WESTERVELD

Kent State University College of Podiatric Medicine Class of 2023

### Why did you choose a career in podiatric medicine and surgery?

I chose a career in podiatric medicine and surgery because it offers surgery, clinic, inpatient management, and the opportunity to play an integral part in patients' health and recovery.

### What made you decide to participate in the 2022 Podiatry School Student Quiz Bowl?

It provided an opportunity to attend the APMA conference, network with students, and enjoy the sweltering heat in Orlando in July!

### Is anyone coming to cheer you on?

No.

### How will you prepare for the Quiz Bowl?

I'll prepare by continually reading on podiatric topics that interest me and having my friends Ashish Biju and Yash Bhalala [also fourth-year students at KSUCPM] quiz me.

### What do you think is the most important challenge facing future podiatrists?

I think misconceptions regarding our training and ability will be the biggest challenge facing future podiatrists.

### What makes you stand out from other contestants?

My high-school job milking cows on a dairy farm.

### If you win, how will you spend your prize money?

Buy a new pair of sneakers and put the rest toward loans.

### If you could have a superhuman power, what would it be?

Make food slightly more or less salty just by thinking about it.

### What's something you never leave home without?

My fifth generation iPod classic. ●

# Join us on Saturday at 4:30 p.m.!



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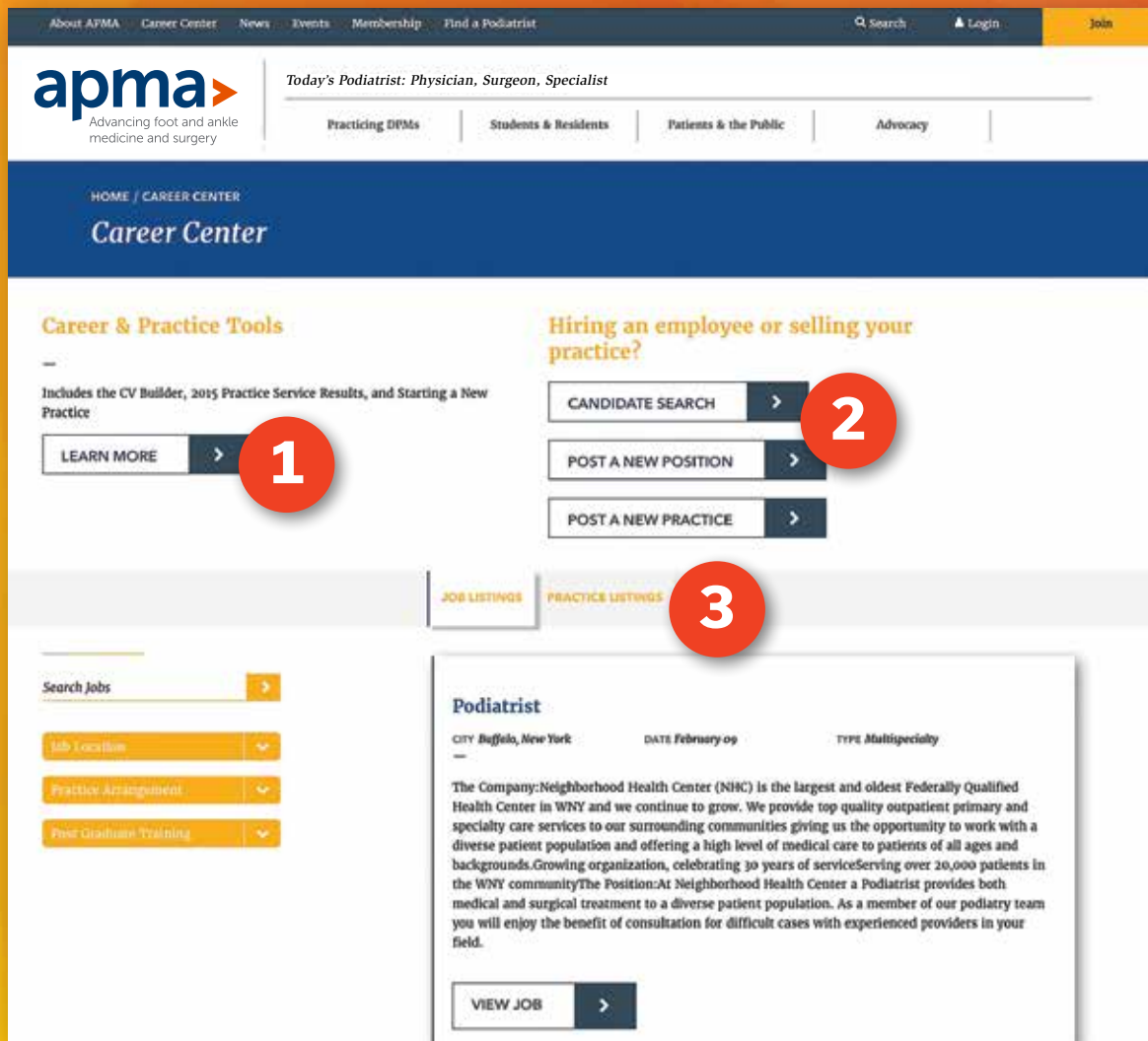
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to connect with job seekers and employers at The National!

# Question of the Day

Each day in *The National Today*, we ask attendees to answer one question about the program, the profession, or their practice. Today's question:

## Why do you renew your APMA membership?



**MARK S. BLOCK, DPM**  
Boca Raton, FL

I joined APMA as a student realizing its value as a voice for the profession. The association has and continues to be the premier advocate for the profession.

APMA serves as the entity that provides lobbying for significant issues impacting the profession and advocating for our scope of practice. Additionally, having volunteered my service on various committees, I have come to appreciate the invaluable tools available to assist members and patients in the pursuit of quality care.

APMA has always attempted to be sensitive to the profession's needs and proactive in significant present and anticipated future challenges. The educational aspects both practice management and scientific have returned more than the cost of membership. Working with staff and leadership, I have the utmost respect and admiration for their passion and sincere interest in providing what is best for the profession.

I trust others will share my views and appreciate that this a premier professional association representing a vast majority of our needs, preservation, and growth of the profession.



**OMEAD A. BARARI, DPM**  
Third-Year Resident, St. Joseph Medical Center  
Houston

I renew my APMA membership every year because it is the logical extension of my commitment to furthering the profession, which began in APMSA. Every time I notice something in the field of podiatric medicine and surgery that seems likely to benefit from advocacy, it is reassuring to know that an entire organization of my professional colleagues is working toward the same objective. Membership is well worth it because of the innumerable ways that APMA represents the podiatrist's best interest on the national stage for recruitment, education, scholarship, and industry.



**ZANIB CHEEMA**  
Fourth-Year Student, Dr. William M. Scholl  
College of Podiatric Medicine at the Rosalind  
Franklin University of Medicine and Science

I renew my APMA membership each year because I think that it's important to see the advocacy efforts that are being pursued to expand the scope of podiatric medicine. I love reading about events that APMA is hosting and updates from important meetings, such as the House of Delegates meeting. Also, one of my favorite events is The National conference every year, and it's always wonderful to see what workshops/lectures will be held at the conference!

On a student level, I love being able to attend conferences for free. I also think it's great having access to resources to guide me through each step of my podiatric journey. I love that [APMA offers] the Young Physician's [Program] events, and I look forward to joining them next year, as well. It's nice to have a network of well-known podiatric physicians available who are willing to connect with young minds, like myself, who are advancing in the profession. I'm able to do all the above through my APMA membership, and that makes it 100-percent worth it!



**BRYANNA VESELY, DPM, MPH**  
Second-Year Resident,  
Wake Forest Baptist Medical Center  
Winston Salem, NC

APMA helps podiatrists throughout their career, starting as a premedical student and throughout our professional practice. Prior to starting school, APMA provided resources on whom to shadow, so I would be able to have more information when choosing a profession. While in podiatric medical school, APMA supported my scholastic endeavors through scholarships, mentoring, and legislative initiatives. Now that I am a resident, I trust APMA to continue to pursue legislation to create a better professional work environment for me and my peers. I am greatly looking forward to attending The National this year to connect with other DPMs, learn more about podiatric innovation, and attend educational workshops. Throughout my career, my APMA membership has provided different resources that have continued to support me and my future goals. I hope as I become further along in my podiatric career to give back to APMA and grow in my involvement.



**JEFF NERESTANT**  
Second-Year Student at Kent State University  
College of Podiatric Medicine

APMA membership allows me to stay up to date with all APMA-related news, especially the News Brief emails that come out regularly. In the latest News Brief email, I read an article that was very informative and refreshed my perspective on simple ways to prevent foot and ankle injuries. Such articles are extremely beneficial to me on a personal level as an athlete. Additionally, the articles serve as constant reminders to stay aware of how vital it is to educate my patients continuously on injury prevention. Furthermore, the membership comes with podiatric education resources that are invaluable for current students and that I can also share with prospective students who are interested in the field of podiatry.

My APMA membership is worth it because it provides a virtual network that allows me to stay connected with physicians and other credentialed professionals nationwide. This also translates into in-person networking opportunities during local, regional, and national medical conferences. These connections can last a lifetime. Moreover, the APMA membership gives me access to special services, medical and non-medical, as well as leadership opportunities in the field of podiatry. The APMA organization makes it worth it to be part of the podiatric medical community.



**MELISSA J. LOCKWOOD, DPM**  
Bloomington, IL

I continue to renew my APMA membership for several reasons. First and foremost, I know that membership equals strength in numbers on a local, state, and national level. Politically, our membership has a stronger voice by not only giving to the PAC but also simply by participating. We can effect change in policy, and that positively affects our practices. The fellowship and information from APMA is also very beneficial to myself and my colleagues. ●



# On the Menu

**Hungry for more great education?  
Hungry for lunch? We have you covered.**

The National offers a variety of non-CECH lunch (and dinner!) symposia to supplement its continuing education program.

Ask about available slots at Registration if you have not preregistered. The non-CECH lunch and dinner symposia are ticketed events with a limited number of meals available. Meeting attendees who did not preregister for these programs may take any available seats only after the start of the programs. Due to Sunshine Act regulations, these events are limited to health-care professionals and office personnel.

*Please Note: Because the Exhibit Hall does not open until 4 p.m., the non-CECH lunch symposia are the only complimentary lunch options available today!*

## NON-CECH LUNCH SYMPOSIA

### **Non-CECH Lunch Symposium 1: JUBLIA® (Efinaconazole) Topical Solution, 10%, for the Treatment of Onychomycosis**

Magnolia 13-14 | 12-1 p.m.

*Sponsored by a generous grant from Ortho Dermatologics.*

### **Non-CECH Lunch Symposium 2: Understanding Uncontrolled Gout and When to Refer for Appropriate Treatment**

Magnolia 16-17 | 12-1 p.m.

*Sponsored by a generous grant from Horizon Therapeutics.*

### **Non-CECH Lunch Symposium 3: Enhancing a Patient's Treatment Protocol by Employing a Multidisciplinary Approach**

Magnolia 19-20 | 12-1 p.m.

*Sponsored by a generous grant from Organogenesis.*

### **Non-CECH Lunch Symposium 4: Partners in Podiatry Pathology—Why APS?**

Magnolia 22-23 | 12-1 p.m.

*Sponsored by a generous grant from Advanced Pathology Solutions.*

## NON-CECH DINNER SYMPOSIUM

### **Non-CECH Dinner Symposium: Guess Who's Coming to Dinner? The Red-Hot Chili Pepper**

Magnolia 13-14 | 6:30-7:30 p.m.

*Sponsored by a generous grant from Averitas Pharma.*

# Support Our Humanitarian Effort

**T**he National is all about community: a community of professionals supporting each other and our patients. This year, join APMA in supporting our global community, as well. APMA is partnering with Samaritan's Feet, a nonprofit humanitarian aid organization that provides shoes to those in need worldwide.

Samaritan's Feet has provided more than 8.7 million pairs of shoes to children, seniors, refugees, those experiencing homelessness, and families in 108 countries and more than 530 US cities. Recently, Samaritan's Feet sent 5,000 pairs of shoes to Poland for Ukrainian refugees, as well as launched Samaritan's Feet Seniors to provide a pair of anti-slip, lightweight shoes to the elderly. Additionally, Samaritan's Feet has developed the World Shoe, a new tool in the fight against neglected tropical diseases. The World Shoe is prophylactic footwear that adds disinfectant technologies and biodegradation accelerants to the proven protection of proper footwear.

Visit the Samaritan's Feet booth (#625) to support this important effort with your contributions of footwear or financial support. During the grand opening of the exhibit hall this afternoon, APMA member Alex Kor, DPM, MS, who has worked closely with Samaritan's Feet on the effort to support Ukrainian refugees in Europe, will be present to greet attendees and exhibitors and talk more about the effort to give shoes and give hope to those in need. ●





# Stay Connected and Informed with APMA Engage, Social Media

**T**he APMA Engage app is your key to making the most of your time in Orlando. APMA Engage (formerly APMA Meetings<sup>®</sup>) is the must-have tool for your best National possible. To download the app, search “APMA Engage” in the Apple app or Google Play store, find a link at [www.apma.org/apmaengage](http://www.apma.org/apmaengage), or scan the QR code on this page. If you are having trouble downloading the app, stop by the APMA booth (#707) for help.

With APMA Engage you can create your own ideal National experience. Choose the tracks and lecturers you want to hear, flag the vendors you need to visit in the exhibit hall, and receive important notifications about scanning, schedule changes, and more. You can use the social functions of the app to connect with fellow attendees and post your thoughts and photos for all to see. Or, start a private conversation and make plans for the evening. Some sessions also allow you to interact with the presenters by answering poll questions and posting questions through the app!

If an event isn't on social media, is it even real? As long as you are on your mobile device using APMA Engage,

hop over to your social media channels and let everyone know what you love about your time in Orlando with **#APMANational2022**. In addition to giving your absent colleagues FOMO, you could be featured on our social media wall, sponsored by NextGen! Look for the wall outside the lecture rooms and exhibit hall.

## BE SURE TO TAG APMA IN YOUR POST:

**Instagram**  
[@official\\_apma](https://www.instagram.com/official_apma)

**Twitter**  
[@APMA](https://twitter.com/APMA)

**Facebook**  
[fb.me/APMAMembers](https://fb.me/APMAMembers)

**LinkedIn**  
[linkedin.com/company/apma-official](https://linkedin.com/company/apma-official)

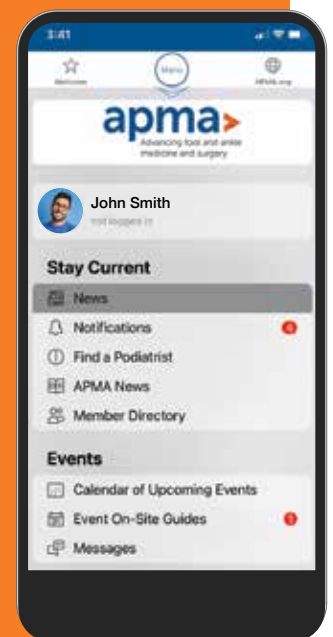
With so many ways to stay informed and engaged with APMA during The National, we can't wait to connect with you. ●

## Download APMA Engage!

Get all The National information you need in the palm of your hand with APMA Engage, your new year-round app.



After The National, use APMA Engage for breaking news alerts, quick access to essential tools, listening to The APMA Podcast, and more! Need help? Stop by the APMA booth (#707).



**APMA Engage offers all the same functionality of the APMA Meetings app while you are in Orlando, but has expanded, year-round functionality that makes it a vital tool for engaging with your association. Take some time to explore these new features and stop by the APMA booth if you have any questions.**

## THANK YOU TO OUR SPONSORS!

APMA gratefully acknowledges the outstanding support of our 2022 Annual Scientific Meeting sponsors.

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Bako Diagnostics

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CareCredit  
Janssen  
NextGen Healthcare  
Organogenesis  
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### SILVER

Advanced Pathology Solutions  
Extremity Medical  
Heron Therapeutics  
Horizon Therapeutics  
Paratek Pharmaceuticals, Inc.  
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APMA Educational Foundation  
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AMERX Health Care  
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Cook Medical  
Modernizing Medicine  
Paragon 28  
Statera  
Upperline Health  
VIKOR SCIENTIFIC

List is current as of July 12, 2022.

## Today's Schedule

6:30 a.m.–6:30 p.m.	Registration Open			
7:00–8:30 a.m.	<b>Breakfast Symposium 1:</b> Improving Patient Care with Podiatry and Interventional Radiology	<b>Breakfast Symposium 2:</b> Lesser MPJ Surgeries		
8:00 a.m.–2:00 p.m.	<b>ASPMA Clinical Review Course</b>			
8:30–9:30 a.m.	<b>Plenary Lecture:</b> Wound Care			
9:30–10:00 a.m.	CECH Scanning Outside the Lecture Hall			
10:00 a.m.–12:00 p.m.	<b>TRACK 1:</b> Public Health and Disparities—Working with the Obese Patient and ADA Awareness	<b>TRACK 2:</b> Limb Preservation	<b>Assistants' Educational Program:</b> Office Protocols to Improve Patient Care	
12:00–12:30 p.m.	CECH Scanning Outside the Lecture Hall			
12:00–1:00 p.m.	<b>Non-CECH Lunch Symposium 1:</b> JUBLIA® (Efinaconazole) Topical Solution, 10%, for the Treatment of Onychomycosis	<b>Non-CECH Lunch Symposium 2:</b> Understanding Uncontrolled Gout and When to Refer for Appropriate Treatment	<b>Non-CECH Lunch Symposium 3:</b> Enhancing a Patient's Treatment Protocol by Employing a Multidisciplinary Approach	<b>Non-CECH Lunch Symposium 4:</b> Partners in Podiatry Pathology—Why APS?
12:00–1:30 p.m.	Break			
12:00–3:00 p.m.	<b>WORKSHOP 1: Biopsies and Plastic Techniques</b>			
1:30–3:00 p.m.	<b>TRACK 1:</b> Wound Care	<b>TRACK 2:</b> Surgical Complications	<b>Assistants' Educational Program:</b> Human Resources	
2:00–5:00 p.m.	<b>ASPMA Radiology Review Course</b>			
3:00–4:00 p.m.	<b>Opening Address (Non-CECH)</b>			
4:00–6:30 p.m.	<b>Exhibit Hall Grand Opening/Reception; Young Physicians' Reception; Exhibit Hall Open; CECH Scanning in the Exhibit Hall (all non-CECH)</b>			
4:30–5:00 p.m.	<b>Innovation Café (Non-CECH):</b> Put the Brakes on Burnout—5 Strategies to Renew Your Passion for Care			
5:00–5:30 p.m.	<b>Innovation Café (Non-CECH):</b> TBD			
6:30–7:30 p.m.	<b>Non-CECH Dinner Symposium:</b> Guess Who's Coming to Dinner? The Red-Hot Chili Pepper			

## Coming Tomorrow

Don't miss these exciting highlights of tomorrow's educational schedule! For a complete program, check the APMA Engage app, or visit the Final Program at [www.apma.org/thenational](http://www.apma.org/thenational).

**7–8:30 a.m.**  
Breakfast Symposium 1:  
Dermatology Update 2022

**7–8:30 a.m.**  
Breakfast Symposium 2:  
Postoperative Patient and Pain Management

**8:30–9:30 a.m.**  
Plenary: Seeing is Believing—  
Improving Patient Care with  
Ultrasound

**10:30 a.m.–12 p.m.**  
Track 2: Surgical Blitz

**1:30–3:30 p.m., 3:45–5:45 p.m.**  
APMA/ABPM Educators' Forum



# Experience One-Stop Shopping and More at the Exhibit Hall Grand Opening

Get your first look at The National's multitude of vendors during the Exhibit Hall Grand Opening, today from 4–6:30 p.m. immediately following the Opening Session. In the exhibit hall, you will find everything you need to bring efficiency and innovation to your practice and patient care.

During the grand opening, enjoy light refreshments and mingle with colleagues while walking the aisles. More than 130 vendors are on hand to provide all the supplies and services you need. Dermatologics, orthotics, surgical tools, diagnostics, office equipment ... if you need it to run a podiatry practice, you will find it here. Meet with your reps and make new connections. See demonstrations of cutting-edge products and familiarize yourself with new practice management services.

Have you ever wondered "What is APMA doing for me?" Visit the APMA booth (#707), and you'll realize the real question is "What *isn't* APMA doing for me?" APMA staff will be on hand to answer your most pressing questions and bring you up to speed with our services and latest efforts on your behalf. Talk to a coding expert and learn about the meeting discount for the Coding Resource Center; find out how to protect your full Medicare reimbursement; sign up for the Team APMA 5K, pick up your Hall of Fame luncheon tickets, and make an Educational Foundation donation; and be an advocate for podiatry by using eAdvocacy and making an APMAPAC contribution. If there is anything you want to know about your association and the work it does, now is the time to ask.

Across the aisle from the APMA booth, visit the APMA Career Center (#607). Whether you are looking for your first job, want to bring on an associate, or looking to sell your practice and retire, this space is your spot to make connections. Peruse career resources and job listings, and check out profiles of job seekers and employers attending The National. Connect with fellow attendees through APMA Engage and make a plan to chat in the booth. The next step in your career starts at the APMA Career Center.

During the exhibit hall grand opening, the APMA Career Center will host the Young Physicians' Reception. All young physicians (podiatrists who graduated within the last 10 years) are invited to stop by to network, share a drink and light refreshments, and take a professional headshot. (Not feeling photo-ready today? Headshots will also be available in the Career Center booth on Saturday during lunch.)

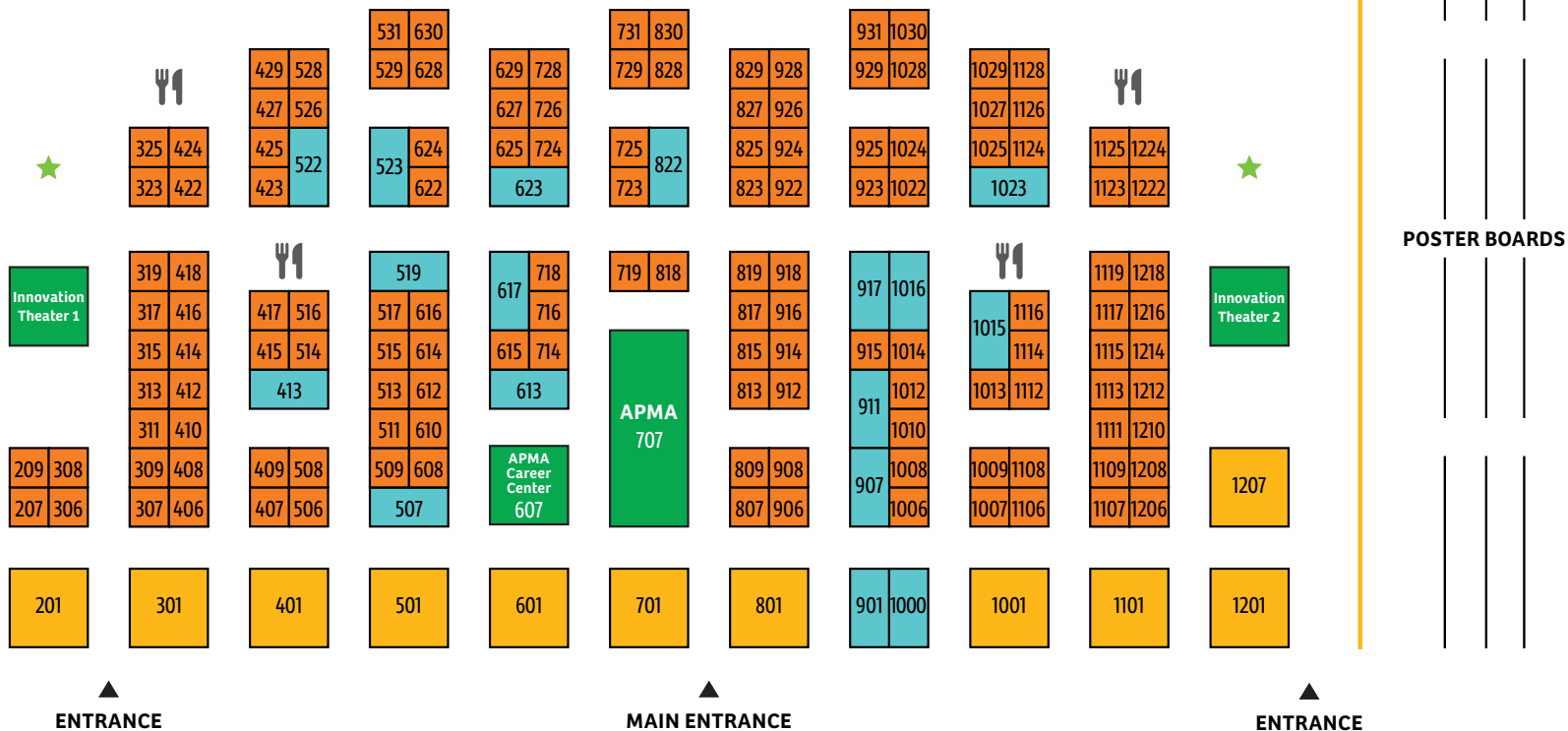
In addition to the grand opening, the exhibit hall is open on Friday and Saturday from 9:30 a.m.–2 p.m. Be sure to visit the exhibit hall often to express your appreciation to our vendors for supporting The National, and don't leave Orlando without finding the products and tools you need for your office. ●



# Exhibit Hall Floor Plan

Not to scale

**KEY** ★ Scanning Station  
 🍴 Dining Area



Products displayed in the exhibit hall have not been investigated or approved by APMA with regard to efficacy or regulatory compliance. Each physician should perform his or her own due diligence regarding any claims made about products displayed.

## EXHIBIT HALL SCHEDULE

**Thursday, July 28** | 4:00–6:30 p.m.,  
 Grand Opening/Reception

**Friday, July 29** | 9:30 a.m.–2:00 p.m.

**Saturday, July 30** | 9:30 a.m.–2:00 p.m.

## Exhibit List

A	
20/20 Imaging, a division of Konica Minolta	1015
AbbVie	1224
Advanced Oxygen Therapy	623
Advanced Pathology Solutions (APS)	1212
ALLPRO Imaging	1013
American Academy of Podiatric Sports Medicine	926
American Association for Women Podiatrists	928
American Association of Colleges of Podiatric Medicine	531
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American Board of Podiatric Medicine (ABPM)	819
American College of Foot and Ankle Pediatrics	925

American College of Podiatric Medicine (ACPM)	817
American Medicals	728
American Podiatric Medical Association	707
American Podiatric Medical Association Career Center	607
American Society of Podiatric Medical Assistants	612
AMERX Health Care	907
Anodyne Shoes	723
Apis	1111
Arch Therapeutics	511
Arize	501
Arthrex, Inc.	1030
ARYSE	915

athenahealth	923
AVAL	1016
Averitas Pharma, Inc.	1201, 1210
B	
Bako Diagnostics	601
Bankers Healthcare Group	513
Bianco Brothers Instruments	1027
BioLab Sciences	427
Bioretec	325
BLUEWAVE Technologies, Inc.	1214
Breakthrough	719
Brooks Running	809
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<b>C</b>	
California School of Podiatric Medicine at Samuel Merritt University	529
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CarePICS	1123
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Clarius Mobile Health	1114
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Compulink Healthcare Solutions	822
Cortese Foot and Ankle Clinic	1124
CuraMedix	1116

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Darco International, Inc.	716
DePuy Synthes	201
Dermatonic	423
Dia-Foot	1008
DJO is now Enovis	917
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Doctor Multimedia	1010
Dr. William M. Scholl College of Podiatric Medicine at Rosalind Franklin University of Medicine and Science	630
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<b>E/F</b>	
EBM Medical	425
Empire City Laboratories	616
EO2 Concepts	914
EUROIMMUN US	916
Extremity Medical, LLC	307
Footmaxx	828
Footsteps	929
Forward Motion Medical/JM Orthotics	726
Free Life Labs	615

<b>G/H</b>	
Georgia Foot Care, Inc.	414
Gill Podiatry Supply Company	911
Hapad, Inc.	408
Henry Schein	1014
Heron Therapeutics	901
Hexima Limited	1107
HOKA	1024
Horizon Therapeutics	807

<b>J/K</b>	
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Kent State University College of Podiatric Medicine	627
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<b>L/M</b>	
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Marlinz Pharma	508
McClain Laboratories	912
Medi-Dyne	924
MedPro Group	922
Melinta Therapeutics	829
Midmark Corporation	1206
Mile High Orthotics Lab, inc.	416
MIMEDX	613
Modern Vascular	526
Modernizing Medicine	1000
Molecular Lab Partners	610
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MVB Bank Practice Finance	1009

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Nabriva	429
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<b>O</b>	
OneStep Digital Physical Therapy	517
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Pacira Biosciences	424
Paragon 28	1007
Paratek Pharmaceuticals, Inc.	906
PatientPop: A Tebra Company	1101
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PICA	701
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<b>Q/R</b>	
Quantum Medical Supply	830
RapidBio	1222
Reaplix	813
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Regenerative Labs	409
Rx Loupes	1109

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SOLO Laboratories	410
Statera	1216
Stryker	413
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Televere Systems	622
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<b>U/V</b>	
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Upperline	514
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Weave	1022
Wound Solutions	415
WTU Systems	1117

**TAKING THE STAGE  
IN 2023...**

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**APMA ANNUAL  
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