2021 PRELIMINARY PROGRAM

The National 2021 – In-Person And Virtual! 2
General Information 3
Opening Address: Running Toward Chaos 4
Preliminary Educational Program 5
Invited Faculty and 2021 Annual Scientific Meeting Sponsors 8
Exhibit Hall 9
Other Events 10

Images from previous meetings by Lisa Helfert Photography.
All information in this program is current as of March 12, 2021.
Given the COVID-19 public health crisis and taking into consideration the tremendous response to APMA’s virtual education offerings in 2020, APMA plans to present The National 2021 as a hybrid meeting offering both in-person attendance and a concurrent, live-streamed virtual option on the APMA Online Learning Center. The must-attend meeting for every podiatrist will offer both in-person and virtual attendees a maximum of 29.5 CECH with a diverse educational program touching on all aspects of foot and ankle surgery and medicine.

Events available only to in-person attendees are the hands-on workshops, Students’ and Residents’ Program (non-CECH), and “Do No Harm” presentation. An on-demand physician wellness option will be available to virtual attendees to replace the two CECH associated with the “Do No Harm” presentation, allowing all attendees to obtain the same maximum number of CECH. Both in-person and virtual attendees will have the opportunity to connect with vendors in our exhibit hall, attend non-CECH education sessions, and network with colleagues.

The educational program for podiatric medical assistants is in-person only.
GENERAL INFORMATION

REGISTRATION DESK SCHEDULE

Wednesday, July 28  2:00–6:00 p.m.
Thursday, July 29   6:30 a.m.–6:30 p.m.
Friday, July 30    6:30 a.m.–6:30 p.m.
Saturday, July 31  7:00 a.m.–6:30 p.m.
Sunday, August 1  6:30 a.m.–1:00 p.m.

Register today at www.apma.org/thenational!

APMA’S HOST HOTEL

Gaylord Rockies Resort & Convention Center
6700 N. Gaylord Rockies Blvd.  |  Aurora, CO

Make your reservations at APMA’s host hotel today! Call 800-429-5673 or visit https://book.passkey.com/go/APMA2021. The deadline to book your room is June 24.

Housing alert: You should only use the information provided by APMA for your hotel arrangements. Booking through any other source may result in significant personal inconvenience and financial loss.

“I can’t thank administration and staff enough for a job well done.”

— 2020 Online CECH Summer Series Attendee
CONTINUING EDUCATION APPROVAL STATEMENTS

Podiatric Physicians
APMA is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. APMA has approved this activity for a maximum of 29.5* continuing education contact hours (CECH).

* This number is based on attendance at all general session lectures, breakfast symposia, plenary lectures, the APMA Poster Abstracts Symposium, and the “Do No Harm”/Physician Wellness program.

Podiatric Medical Assistants
APMA is approved by the Commission on Accreditation of Podiatric Medical Assisting Certification as a sponsor of continuing education in podiatric medical assisting. Program participants may earn up to 29.5 CECH. Only 20 credits are required per year for certification renewal.

NATALIE STAVAS, MD, is a physician at Boston Children’s Hospital with a special focus on preventing childhood violence.

On April 15, 2013, Dr. Stavas approached the finish line of her fifth Boston Marathon when she heard explosions. Arriving at the scene of the bombings, she administered CPR, applied tourniquets, and triaged the wounded. Subsequently, Dr. Stavas increased her efforts in preventing child violence. Traveling to Haiti throughout the year, she provides medical care and helps strengthen the medical infrastructure.

"DO NO HARM" FILM AND PANEL DISCUSSION
The in-person educational program includes a screening of the groundbreaking documentary “Do No Harm,” which exposes the epidemic of physician suicide and burnout. The 60-minute film will be followed by a panel discussion featuring physician wellness experts.

OPENING ADDRESS: RUNNING TOWARD CHAOS

Page 4
CHANGES IN MEDICAL AND SURGICAL TRACKS FOR 2021

In response to attendee feedback, The National has streamlined the DPM educational program and is running two concurrent tracks (rather than the traditional three). No foot and ankle topics have been removed; they have simply been integrated into other tracks. Throughout the program, Track 1 covers medical topics and Track 2 covers surgical topics, including the Thursday and Friday breakfast symposia. Also, speakers from APMA-affiliated organizations are now part of the general session tracks. APMA welcomes your feedback as The National—the must-attend meeting for every foot and ankle physician and surgeon—evolves to meet the changing needs of the podiatric community.

EDUCATIONAL PROGRAM SCHEDULE

Beginning and ending times appear below. The schedule for each day includes breaks, which are not identified here.

All times are MDT.

Thursday, July 29 7:00 a.m.–3:00 p.m.
Friday, July 30 7:00 a.m.–5:45 p.m.
Saturday, July 31 7:30 a.m.–9:00 p.m.
Sunday, August 1 7:00 a.m.–12:30 p.m.

CLICK HERE to register for The National!
## THURSDAY | JULY 29

<table>
<thead>
<tr>
<th>Breakfast Symposia: Evidence-Based Wound Care; First Ray Surgery</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plenary Lecture: Complicated Reconstruction: Forefoot to Ankle</td>
</tr>
<tr>
<td>Opening Address: Running Toward Chaos; Speaker: Natalie Stavas, MD</td>
</tr>
</tbody>
</table>

### Track 1: Public Health, Disparities, and Physician Wellness
- Podiatric Residents’ Perceptions of Burnout, Personal Achievement, and Anxiety; Medical Cannabis; Bias and Cultural Awareness; Disparities and Limb Preservation

### Track 1: Wound Care and the Diabetic Foot
- Multidisciplinary Approach to Limb Salvage; Debridement for Chronic Foot Ulcers; and Total Contact Casting

### Track 2: Limb Preservation—The Charcot Foot
- TBD

### Track 2: Surgical Complications
- Charcot Surgical Reconstruction; Hardware Removal; Bunion Complications; Floating Toe Syndrome; Revision Surgery; Nonunions

- PLUS! Non-CECH Lunch and Dinner Symposia †

### ASPMA Review Courses: Clinical and Radiology $3

### Assistants’ Educational Program: Human Resources and Front Office Administration; Hands-On DME Workshop with Certificate of Completion

---

## FRIDAY | JULY 30

<table>
<thead>
<tr>
<th>Hands-On Workshops: Ultrasound; Dermoscopy and Biopsy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breakfast Symposia: Dermatology; Post-Operative Patient Management</td>
</tr>
<tr>
<td>Plenary Lecture: APMA Regional Lecture Series Program—Treatment of PsA: Educational Interventions in Podiatric Dermatology</td>
</tr>
</tbody>
</table>

### Track 1: Dermatology
- Medication for Pregnant and Breastfeeding Patients; Surgical Management of Melanoma; Onychodystrophy versus Onychomycosis; Pigmented Lesions in Children

### Track 2: Surgical Blitz
- Improving Surgical Efficiency; Application of CTPs; Transmetatarsal Amputations; Osteomyelitis; Mini-Open Ankle Arthrodesis; Lapidus Pearls; Endoscopic Calcaneoplasty

### Track 1: Sports Medicine/Biomechanics
- Foot and Ankle Injuries in Athletes; Arthritic Conditions; Regenerative Medicine; Athletic Shoe Gear; Orthotic Casting, Materials, and Modifications; Barefoot Running and Gait Training

### Track 2: Forefoot Surgery
- Fifth Toe Surgery; Pre-Dislocation Syndrome; Pediatric Forefoot Pathomechanics and Juvenile MIS; Minimally Invasive Bunion Surgery; Difficult Forefoot Cases

### Track 1: Imaging
- Imaging Pediatric Patients; PET Scans; Diabetic Foot Evaluation; MRI Assessment; Case Presentations

### Track 2: Trauma
- Lawnmower Injuries; Gunshot Wounds; Tendon Laceration; Fixation; Calcaneal Fractures; Fixation of Posterior Malleolus; 3D Option for Talar Avascular Necrosis

- PLUS! Non-CECH Lunch Symposia †; Innovation Café (Non-CECH); Practice Management Lunch and Learn (Your DME Program Post-COVID: Revitalizing Revenues; Non-CECH)

### ASPMA Certification Examinations: Clinical and Radiology $3

### Assistants’ Educational Program: E/M Update; HIPAA; Documentation and Compliance; Imaging; Wound Care Basics; Offloading; Understanding Diagnostic Tests; Social Media Update; Marketing

---

Notes:
- Podiatrists and Assistants
- Assistants
- Additional Registration Fees Required

*Titles for Non-CECH Lunch and Dinner Symposia are TBD. The title of the Innovation Café (Non-CECH) appears elsewhere in this program.*
| **SUNDAY | AUGUST 1** |
|---|
| **Breakfast Symposium:** Trends in Opioid Prescribing and Ethical Considerations for Balanced Pain Management |
| **Harry Goldsmith, DPM, Memorial Coding Seminar:** TBD |

| **SATURDAY | JULY 31** |
|---|
| **Hands-On Workshop:** Ankle Arthroscopy |
| **Breakfast Symposium:** Complex Claims Podiatric Physicians and Surgeons Face Today (Risk Management Program) |
| **Plenary Lecture:** Antibiotic Update |
| **Poster Abstracts Symposium** |
| **“Do No Harm” Film and Panel Discussion** (In-Person Attendees); **Physician Wellness** (Virtual Attendees) |
| **Track 1: Oral Abstracts:** Health Economics; Oral Abstracts TBD |
| **Track 2: Surgical Blitz:** Surgical Planning; Charcot; Trauma/Deformities Secondary to Neuromuscular Disorders; Juvenile HAV; Lesser Metatarsal Osteotomy; and more |
| **Controversy Debates:** Spouses’ Showdown |
| **Fourth Annual Podiatry School Student Quiz Bowl** |
| **Students’ and Residents’ Program (Non-CECH)** |
| **PLUS!** Non-CECH Lunch Symposium; Young Physicians’ Lunch and Learn (Non-CECH); Podiatry Management Hall of Fame Luncheon (Non-CECH); Wellness Reception (Non-CECH) |
| **Assistants’ Educational Program:** Risk Management; Dealing with Difficult Patients; Office Managers’ Coffee Talk |

- **Podiatrists and Assistants**
- **Assistants**
- **Additional Registration Fees Required**

*Titles for Non-CECH Lunch and Dinner Symposia are TBD. The title of the Innovation Café (Non-CECH) appears elsewhere in this program.
INVITED FACULTY

Hummira H. Abawi, DPM
Rachel H. Albright, DPM, MPH*
David B. Alper, DPM
Robert L. Baron DPM
Neal R. Barshes, MD, MPH
Mark Birmingham, DPM
Michelle Bradicic, PMAC
Tara Brown, PMAC
Patrick R. Burns, DPM
Michelle L. Butterworth, DPM
Nicholas A. Campitelli, DPM
Nicole K. Cates, DPM*
P. David Charles, MD
Windy E. Cole, DPM
Emily A. Cook, DPM, MPH, CPH
Jeremy J. Cook, DPM, MPH, CPH
Keith D. Cook, DPM
Rhonda S. Cornell, DPM
Lawrence A. DiDomenico, DPM
Dock Dockery, DPM
Duane Ehredt Jr., DPM
Laura D. Eschleman, Esq.
Daniel P. Evans, DPM
John N. Evans, DPM
Adam E. Fleischer, DPM, MPH
Dennis R. Frisch, DPM
Daniel J. Hatch, DPM
Kim A. Heineman, PMAC
Kimberlee B. Hobizal, DPM, MHA
Kristine M. Hoffman, DPM
Christopher F. Hyer, DPM
Eric D. Iakola, DPM
Alton R. Johnson, DPM*
Warren S. Joseph, DPM
Jeffrey D. Lehrman, DPM
Kristen Lo Ricco, MD
John A. Martucci, DPM*
Nathan Mauren, DPM*
Leslie G. McAhren, MFA, MPH
James B. McGuire, DPM, PT, CPed
Andrew J. Meyr, DPM
Jamie Mieras, DPM
Samantha A. Miner, DPM*
Jonathan E. Moore, DPM
Ellianne M. Nasser, DPM
Jessica Nowak, DPM*
Christopher Parker, DO
Priya Parthasarathy, DPM
Christopher L. Reeves, DPM, MS
Jeffrey A. Ross, DPM, MD
Calvin J. Rushing, DPM*
Lawrence A. Santi, DPM
William P. Scherer, DPM
Naomi D. Schmid, DPM
Stephen C. Schmid, DPM
Meera V. Simoes, MD
Janet Simon, DPM
Michelle P. Sparks, DPM
Jason M. St. John, DPM*
Rebecca A. Sundling, DPM, MPH*
John Tassone Jr., DPM
Robert J. Toomey III, DPM
Dyane E. Tower, DPM, MPH, MS
Michael D. VanPelt, DPM
Tracey C. Vlahovic, DPM
Phillip E. Ward, DPM
James H. Whelan, DPM*
Mitzi L. Williams, DPM
Jacob Wynes, DPM, MS

2021 ANNUAL SCIENTIFIC MEETING SPONSORS

Diamond
PICA

Gold
Horizon Therapeutics USA, Inc. Pfizer

Crystal
Bako Diagnostics Ortho Dermatologics

Silver
Janssen Pharmaceutical Companies NextGen Healthcare Paratek Pharmaceuticals

Bronze
Vionic Group LLC

Pewter
American Board of Foot and Ankle Surgery

Copper
American Society of Podiatric Medical Assistants
Cook Medical
HOKA ONE ONE
Visit the exhibitors at The National, and discover what's trending in products and services for your patients and your practice. Industry representatives from all aspects of the podiatric marketplace—medical equipment and supplies, footwear, pharmaceuticals, practice management, marketing, publications, and much more—will be on hand to assist you. With their support, APMA is able to offer you a stellar continuing education program year after year. Please be sure to thank them.

Lunch, refreshment, and scanning breaks will also be offered in the exhibit hall. While you're there, stop by the APMA booth to learn about the vast array of products and services APMA provides members. New this year: Don’t miss the APMA Career Center booth!

Virtual attendees will have the opportunity to connect with vendors in the exhibit hall.

Note: Products displayed in the exhibit hall have not been investigated or approved by APMA with regard to efficacy or regulatory compliance. Physicians should perform their own due diligence regarding any claims made about products displayed.
INNOVATION CAFÉ (NON-CECH)
Join your colleagues during the morning exhibit hall scanning break for a sponsored talk. Rest your feet, help yourself to brunch, and learn something new. Seating and refreshments offered on a first-come, first-served basis.
Friday, July 30, 9:45–10:15 a.m.
Footwear Retailing 102: The Secrets to Profitability and Efficiency
Sponsored by Vionic Group LLC.

NON-CECH LUNCH AND DINNER SYMPOSIA
Don't miss your opportunity to learn from APMA partners through our sponsored symposia. Take a look at the podiatric physicians' in-person registration form and join us for non-CECH symposia sponsored by Bako Diagnostics; Horizon Therapeutics USA, Inc.; Janssen Pharmaceutical Companies; Organogenesis; Ortho Dermatologics; Paratek Pharmaceuticals; and more. Space is limited.

TEAM APMA 5K RUN/WALK
Now virtual—run or walk at home, or at your leisure in Denver!
www.apma.org/teamapma
Proceeds benefit the APMA Educational Foundation Student Scholarship Fund.

YOUNG PHYSICIANS' RECEPTION
Thursday, July 29, 4:00–6:00 p.m.
Join your young physician colleagues at the APMA Career Center booth for a reception during the grand opening. Light refreshments will be available, a professional photographer will be on hand to take headshot photos, and you will have the opportunity to connect with other young physicians.
Sponsored by the American Board of Foot and Ankle Surgery and Bako Diagnostics.

With 12,500 members, APMA is the world’s largest professional society for foot and ankle surgeons.

APMA members comprise 78% of practicing podiatrists in the US.
The APMA 2020 Online CECH Summer Series was attended by 730 APMA members and others.

APMA is the largest organization serving podiatric surgeons in the country.
"Excellent presentations!"
— 2020 Online CECH Summer Series Attendee

"APMA did a great job organizing and executing this event. Looking forward to the next!"
— 2020 Online CECH Summer Series Attendee