

# A PODIATRIST'S CRITICAL ROLE IN PREVENTING FALLS



**30–40%** of adults 65 and older will fall.  
**50%** of adults 80 and older will fall.



Falls are the leading cause of injury-related death among those 65 and older. Falls lead to hospitalization, decline in functional status, and increased likelihood of nursing home placement. The estimated cost to the US health-care system: **\$50 billion.**



**As podiatrists, we are uniquely positioned to help patients avoid falls.**



Conduct a falls risk assessment on **patients 65 and older.**

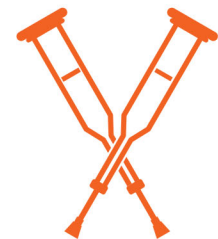


Discuss falls and preventive measures with **patients with peripheral neuropathy.**



## Falls Prevention Awareness Week is September 18–24!

Visit <https://ncoa.org/older-adults/health/prevention/falls-prevention> for information to share with your patients.



Address falls risk with **amputees, post-op patients, and patients in a cast.**

## MIPS

**Falls - Plan of Care (#155)** is a quality measure for the Merit-based Incentive Payment System (MIPS). Performing this measure can help you deliver higher-quality care for patients and help your practice thrive in an evolving health-care system.



For more information and resources on falls prevention, visit the National Council on Aging website at [www.ncoa.org](http://www.ncoa.org), the CDC STEADI website at [www.cdc.gov/steady](http://www.cdc.gov/steady), or the American Podiatric Medical Association website at [www.apma.org/fallsprevention](http://www.apma.org/fallsprevention).